



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



EVERY SUMMER HAS A STORY

2022 SUMMER CAMP

YMCA of Greater Nashua

Merrimack YMCA | Nashua YMCA | Westwood Park YMCA | YMCA Camp Sargent on Lake Naticook

EVERY KID DESERVES CAMP



EVERY KID
DESERVES CAMP

Each summer, hundreds of kids attend day camps at the YMCA of Greater Nashua.

For more than 200 campers, their summer experiences are only made possible because of donor-funded financial assistance. Camp gives them connection, activity, mentors, confidence, resilience and safe spaces while their parents work.

Camp allows them to be kids.

However, access to outdoor education and engagement with the natural world is often determined by economic status.

**Help send a kid to camp.
Your gift will change lives.**

www.nmymca.org/annualcampaign

WELCOME

Welcome to the YMCA of Greater Nashua Summer Camps! Starting with Camp Sargent in 1924, thousands of youth have come to us for an experience that leaves them feeling confident, learning new skills, and making friendships that last a lifetime. Through our core values of Caring, Honesty, Respect, and Responsibility, adventure awaits! We cannot wait for you and your kids to be part of it this summer!

When thinking about our camp experience, the first thing you need to know is that we are a community of people who come together every day to bring out the best in each other. When your camper comes to our camps, they will feel like they belong, as they become part of the Y family. Camp friends are just different from other friends!

At the heart of the camp experience is a building up of confidence through competence. While at camp, your camper will: try things they have never done before, set goals and work to accomplish them, and build skills that can create lifelong interests and pursuits. Through all of those things, our staff will make sure their success is celebrated and their challenges are a moment of learning. By going through these experiences, campers learn the importance of perseverance and translate the skills they have gained back into their life outside of camp.

As you look through this guide, we challenge you to think about the possibilities! What will trying something new look like for your camper? What do they enjoy and want to get better at? What do you want them to learn in their time with us? Away from screens and with caring adult role models, we are ready to help your camper grow all summer long!

From Our Team to Yours,
The Camp Directors of the YMCA of Greater Nashua

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MEET OUR CAMP DIRECTORS

2022 SUMMER CAMP DIRECTORS



Tiffany Joslin | tjoslin@nmymca.org
Camp Sargent Director

Tiffany started her Camp Sargent career, in 2012, as the program director for Camp Sargent's Play Acting Camp. Since then she has been an important part of the day to day operations of camp, and developing it into one of the top summer camps in the area, as one of our Assistant Camp Directors. When Tiffany is not at camp she likes to shop, soak up the sun at the beach, read, watch reality TV, and travel. There is nothing in the world she loves more than spending time with her family and friends.



Kristen Capriotti | kcapriotti@nmymca.org
Camp Create Director

Kristen has been working in Y Camp since 2000 and is excited to be taking on the position of Camp Create Director. Kristen a Certification in Dance Education as well as an A.A.S in American Sign Language Interpreting and has been teaching dance for over 20 years. She is ready to bring her passion for creativity to your child's summer experience.



Andy MacEachern | amaceachern@nmymca.org
Sports Camp Director

Andy has been a commanding force in YMCA sports since the day he walked into the Westwood Park YMCA. With experience running programs for preschoolers all the way through high school, Andy understands the importance of balancing strong athletic effort with the teaching of life skills to carry youth beyond their sport. He cannot wait to have campers experience the magic of the Sports Camp at the Westwood Park YMCA.



Kyle Cannon | kcannon@nmymca.org
Little Investigators Preschool Camp Director

Kyle started his Y journey in 2014 and, since then has worked in a variety of leadership roles in both camp and childcare settings. Kyle joined our team this year and is excited for his first summer working with our Little Investigators camp staff, bringing fun and learning to our youngest campers. Kyle is an avid kayaker in the summer and a huge history buff, so try to stump him with a question when you see him at camp!



Meredith Stensaas | mstensaas@nmymca.org
Teen Camp Director

Meredith joined the YMCA of Greater Nashua in 2020 and now serves as the Teen Camp Director and Nashua Aquatics Director. Meredith began her career in the YMCA in 2010. In addition to Meredith's YMCA career, she has spent many summers lakeside at residential camps across the Northeast at a camper, CIT, counselors, Waterfront Director and Program Coordinator. Outside of the Y Meredith enjoys hiking, playing board games, singing and visiting with family.



Tiffany Smith | camp@nmymca.org
Camp Administrator

Tiffany joined our finance team last August. If you have any questions about registration, challenges with camp paperwork, or need help setting up payment plans, Tiffany is here to help make your camp experience easy. Working for the Y is important to her because growing up in a foster home she felt the community always played a huge role in her life as well as her siblings who attended Y camp. Tiffany enjoys hiking, fishing, rollerblading and spending time with her family. She earned her Bachelors in Business Administration from Hesser College.

2022 SUMMER CAMP STAFF

Working at Summer Camp is an experience like no other and your camper will be the one to benefit. The staff at the YMCA of Greater Nashua Camps are among the best you will find anywhere as they adhere to a very high standard of quality programming and camp philosophy:

Camp should be fun. Camp should be meaningful.

Our staff will be there with your camper every step of the way to ensure a summer like no other. If they are having the best day of their summer, or need some support to pick themselves up. Our camp staff is trained to handle everything with emotional support and complete professionalism. If there is one thing your camper will talk about after their experience, it will be the staff!

Join Our Camp Staff.

If you know of anyone interested in being a part of our Summer Camp staff this year please reach out to Tiffany Joslin at tjoslin@nmyymca.org.

CAMP GENERAL SCHEDULE

7-9am	PRE CAMP (Child must be registered for this.)
8:45-9:15am	Check in on the field (Indoors if inclement weather)
9:15-9:30am	Morning Meeting/Activity
9:30-10am	Morning Snack
10am-Noon	Program Time
12-12:30pm	Lunch
12:30-1pm	Outdoor Group Activities
1-3:30pm	Afternoon Activity Rotation (Most days will include water activity.)
3:30-4pm	Afternoon Snack and Outdoor Play
4-4:15pm.	Dismissal
4-6pm	POST CAMP (Child must be registered for this.)

GENERAL CAMP SCHEDULE/ WHAT TO PACK

WHAT TO PACK FOR CAMP

Please make sure your child's name is on all belongings and have them leave any valuables, electronics, cell phones and toys at home. Additionally, all YMCA of Greater Nashua summer camps are nut free for the safety of campers and staff.

Swimsuit
and Towel

Refillable
Water Bottle

Healthy Lunch
and Two Snacks
(non-heatable and
nut free, please)



Sunscreen and
Bug Repellent

Closed Toe
Shoes

Extra Pair
of Socks

An "I'm Ready to Have Fun" Attitude!

GENERAL INFORMATION FOR FAMILIES/PARENTS

GENERAL INFORMATION

CAMP WEEKS

Week 1*	June 20–24 (Single Days Available)
Week 2	June 27–July 1
Week 3	July 5–8
Week 4	July 11–15
Week 5	July 18–22
Week 6	July 25–29
Week 7	August 1–5
Week 8	August 8–12
Week 9	August 15–19
Week 10	August 22–26
Week 11*	August 29–Sept. 2 (Single Days Available)

* Weeks 1 and 11 (single-day weeks):
Parents can register for single days
these weeks or the full week.

REGISTRATION

Registering for camp only takes a few minor steps. You will be ready for an incredible experience with us in no time.

1. You can register online at nmymca.org/summercamps or by coming into the Welcome Center at any of our locations.
2. When you register, there will be a \$25 deposit needed per week of camp registered.
3. You can register up to 11:59pm on the Wednesday before the week of camp your child will be attending.
4. Camp balances must be paid by the Wednesday before a week of camp to ensure enrollment in camp.
5. If you have any questions, you can reach out to any of the camp directors for more information and answers.

SIBLING DISCOUNT

The YMCA of Greater Nashua provides a sibling discount for siblings within the same household who sign up for the same camp week in the same camp location: Camp Sargent, Camp Create and Sports Camp. These discounts cannot be used in conjunction with any other discount or promotion and can't be transferred. This discount can only be applied in house at either the Nashua, Merrimack or Westwood Park YMCA Welcome Centers.

1st Child - Full Price
2nd Sibling - \$10 off
3rd Sibling - \$15 off

Camp Weeks

Registration
Information

Sibling Discount

COVID-19 CONSCIOUS SUMMER CAMP

Youth development, healthy living and social responsibility are the three main focus areas of our mission. With that in mind, we want you to know that we take the health of your child, family and our overall community very seriously.

To that end, building on what we learned last year, we are planning the safest summer camp possible and will be strictly following any recommended safety guidelines set forth by local health officials and the CDC for this upcoming summer camp season.

More to come if and when those guidelines are released for this coming summer.





YMCA CAMP SARGENT on Lake Naticook

141 Camp Sargent Road, Merrimack, NH | Camp Director: Tiffany Joslin | tjoslin@nymymca.org

Camp Hours

Camp Day:
9 AM – 4 PM

Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

Pre/Post Cost

\$60 per child, per week, covers both

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

CAMP SARGENT on Lake Naticook

CAMP DIRECTOR: Tiffany Joslin | tjoslin@nmymca.org | 603.882.2011 | 603.880.4845
(winter) (summer)

Our 22 acre lake front day camp provides the natural setting for children to forge friendships, memories, & leadership skills that will last a lifetime.

Summer FUN (Grades K-8)

Healthy fun, new friends, adventure, and personal growth and memories that last a lifetime. Campers will experience this and more in Camp Sargent's Summer FUN camp, a traditional day camp experience. Swimming, boating, archery, nature, arts and crafts, drama, yoga, Ga-ga Ball, board games, fishing, hiking, songs, scavenger hunts and MORE! ALL SUMMER LONG!

Grades K-8 Price Per Week

YMCA Family Member: \$220

YMCA Youth Member: \$250

Community Member: \$290

Week 1 and 11 Single Day Rates

YMCA Family Member: \$44/Day

YMCA Youth Member: \$50/Day

Community Member: \$58/Day

Since 1924, Camp Sargent has been a place thousands of children and adults have found a community to belong to. At the heart of Camp Sargent is the joy of fun combined with learning and exploration. This all combined with caring adult role models, your camper will have an experience that will last a lifetime.

Camping is about learning new skills, developing character and making friends. But few environments are as special as camp, where kids become a community as they learn to be more independent. Being guided by the four core values of Caring, Honesty, Respect, and Responsibility, you camper will transform learning a skill into confidence in themselves!

Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-9

Swim Lessons on
Lake Naticook
Ages 6-12

Leaders in
Training Program
Grades 8-12



 /ymcacampsargent

Like Us on Facebook for Events,
Videos, Pictures and Important Updates!

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

Summer Camps

Summer FUN
Grades K-8

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Swim Lessons on
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Training Program
Grades 8-12

Every Friday at Camp Sargent is a theme day. We invite our campers to come to camp dressed for the theme of the day. During Weeks 1 and 12 we have a new theme every day as we celebrate the beginning and end of summer with our campers. We ask that the campers don't bring any weapons or inappropriate clothing to camp. (Theme days are subject to change.)

Week 1
(June 20 -
June 24)

Spirit Week:
PJ Day Monday
Tye-Day Tuesday
(Bring Something White to Dye)
Wacky Hair Wednesday
Twinning Thursday
(Dress Up with a Friend)
Fan Friday
(Wear Your Favorite Sports Team Gear)

Week 2

Welcome to the Jungle

Week 3

Party In The USA
(Red, White and Blue)

Week 4

Gold Rush
(Wild West Day)

Week 5

Freaky Friday
(Dress as Your Counselor)

Week 6

Pirate Day

Week 7

Disney Day
(Dress as Your Favorite Character)

Week 8

Hawaiian Hullabaloo
(Wear Tropical Gear)

Week 9

Color Wars
(Dress in Your Team Color)

Week 10

Sargent's Got Talent

Week 11

A Year to Remember
(Dress Up in Your Favorite Holiday Gear)

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-9

Swim Lessons on
Lake Naticook
Ages 6-12

Leaders in
Training Program
Grades 8-12

FUN ALL SUMMER LONG June 20 – September 2

SPECIALTY CAMPS:

YMCA Family Member: \$245 | YMCA Youth Member: \$275 | Community Member: \$310

All specialty camp activities will happen in the morning between 9am-12pm. In the afternoon campers will enjoy other activities such as swimming, games, arts, crafts and more.

Digging for Dinos Camp (Grades K-2)

Calling all future paleontologists! Excavate an adventure packed with fossilized FUN! Uncover clues of the past as you embark on a prehistoric dino dig, you will learn about these extinct creatures through fun games, crafts, adventures, and hunts!

NEW! Nature Explorers (Grades K-2)

This is the perfect camp for those who LOVE nature! Each day we will focus on a different theme of nature to explore! Some themes may be: Buzz and Flutter, H2O Exploration, Digging in the Dirt, and more! Your camper will explore nature through different experiments, games, and arts and craft activities!

NEW! Once Upon a Time Camp! (Grades K-2)

Come explore all of your favorite fairytales! We will read a different book each day that inspires our imagination! After the story we will dance, do arts and crafts, play games, make fun snacks, and go on adventures! We may even make our very own fairytale come to life right at Camp Sargent!

Superhero Training Camp (Grades K-2)

Superheroes will receive the training they need to tap their inner superhero potential through the YMCA core values as a base! At the training camp, they will have the chance to create his/her "secret identity," improve their "super skills", and make new friends! This is no ordinary camp for ordinary kids: this camp is for HEROES!

Farm Camp (Grades 1-9)

Combining hands-on farm education and sustainable living is what this camp is all about. Campers will interact with animals each day performing chores, learning how to care for them, and understand their importance on a farm. During their time in the camp, each camper will learn about planting, weeding, composting, and harvesting in our vegetable garden.

Passport to Fun! (Grades 1-4)

Come along on a journey you will never forget. Travel the world with your favorite Camp Sargent travel guide to 5 different locations to learn about their cultures, food, and games they play! You will create your own passport, and get it stamped along the way!

Silly Science Camp (Grades 1-6)

Your camper will explore their silly side while doing fun science experiments and learning lots of cool new facts. We will be doing super silly science experiments that are cool and easy to do! Campers will love how much fun these make learning!

Camp Sargent Players (Grades 3-6)

Lights, Camera, Action! In this two week camp campers will learn all aspects about the theater! They will play theater games, and work on putting on a production of their own at the end of the two week session for family and friends!

Grades 3-4: The Little Mermaid

Grades 5-6: The Wizard of Oz

NEW! Fitness in the Forest (Grades 3-9)

Campers will learn the benefits of exercise, while experiencing how fun it can be. Different styles of cardio and new creative ideas for nutritious snacks will be introduced, all while soaking up the natural vitamin D that nature has to offer. *New to the program this year we will be having some guest instructors leading us in some fun exercise classes like yoga on the beach, water exercise, Zumba, and MORE!

Harry Potter Camp (Grades 3-6)

Leave Camp Sargent Road and the Muggle world behind us as you transform into a student at Hogwarts School of Witchcraft and Wizardry. This camp is a celebration of all things Hogwarts! Wizards will be able to create and taste their very own Hogwarts snacks, concoct potions, create spell books, create their own magic wands and robes, and so much more! If your inner wizard is dying to get out, then this camp is right up your Diagon Alley!

NEW! Pokémon Academy (Grades 3-9)

Have you ever wanted to bring your Pokémon cards to camp, but have always been told NO! Well here is your chance! Come battle with us. In this camp, campers will learn how to play the game, hunt for Pokémon around camp, and even create their own Pokémon cards. Let the battle begin!



YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

SWIM LESSONS ON LAKE NATICOOK

Offered Weeks 2-10

Swim lessons are offered at the conclusion of the camp day, for registered Camp Sargent campers (for those weeks). Campers will be taught the fundamentals of proper swim mechanics and aquatic safety. Our goal is that your child leaves each class as a more confident swimmer! Limit 6 per class. Pre/Post camp registration also required for applicable weeks. If inclement weather, classes will be canceled without a refund.

Ages 6-8 4:30-5:00pm
Ages 9-12 5:10-5:40pm

Beginner, intermediate and advanced classes will be offered each time slot. Please see swim level descriptions of what each level equates to if they were to take lessons at the Merrimack or Nashua.

YMCA Member: \$50/week
Community Member: \$100/week

Swim Level Descriptions:

Beginner level:

Beginner level is intended for children who have never had a formal swim lesson and have minimal swim experience.

Intermediate Level

Prerequisite: Completion of Beginner level or approval from the Waterfront Director. Intermediate Level is intended for children who can swim independently without flotation 10 yards and are comfortable submerging his or her face in the water.

Advanced Level

Prerequisite: Completion of Intermediate level or approval from the Waterfront Director. Advance level is intended for children who can swim 25 yards of proper front and back crawl.

NEW! Recess (Grades 3-4)

Have you ever wanted to learn how to play old school recess games like Red Rover, 4 Square, Kick the can and more! Then this is the perfect camp for you! Come learn different games each day that you can take back to your friends at school to play at recess!

Survivor Camp (Grades 4-9)

Through both physical and mental challenges, campers will participate in activities that will push them to dig deep in themselves and trust in their peers to overcome obstacles, both physical and not. Campers will develop self-confidence, independence, and leadership in this camp, along with skills to survive in the wild! Do you have what it takes to be the ultimate survivor?

Archery (Grades 5-9)

One of the most popular activities at camp, campers will learn proper technique and safety of this sport. Limit 10 Campers per session.

NEW! Reduce-Reuse-Recycle (Grades 5-9)

In this camp turn trash into treasure! Come along as we reuse everyday household items to create works of art, learn about composting, create new inventions from recycled items, and come up with new ways to take care of our earth!

NEW! Greater, Further, Stronger (Grades 6-9)

Have you ever wanted to swim around Blueberry Island? Find hidden corners of camp? Debate whether pineapples should go on pizza? In this teen-based camp middle schoolers will work through a series of challenges to "Be Greater, Go Further and Be Stronger." The week will culminate with a camp Triathlon. Are you up for the challenge?

The Pitch (Grades 6-9)

Are you looking for a way to leave your mark on Camp Sargent? Now is your chance! Teens will spend the week in a "Shark Tank" style program developing a plan to pitch their ideas to the camp community. Teens will work to plan, budget, and brand and market their idea to add the next best thing to come to Camp Sargent.



Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-9

Swim Lessons on
Lake Naticook
Ages 6-12

Leaders in
Training Program
Grades 8-12

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

LEADERS IN TRAINING (LIT) (Grades 8-12)

TEEN CAMP DIRECTOR: Meredith Stensaas | mstensaas@nmyymca.org

The Camp Sargent Leaders in Training (LIT) program is designed to help teens find their next level of leadership development and community service.

PRICE PER SESSION

YMCA Family Member: \$350

YMCA Youth Member: \$400

Community Member: \$450

SESSION DATES*

Session 1: June 27-July 8

Session 2: July 11-22

Session 3: July 25-August 5

Session 4: August 8-19

CAMP HOURS

8:45am - 4:15pm

*On the Second Wednesday of Every Session
We Will Take an Off-Site Field Trip. Field
Trip Dates are 7/6, 7/20, 8/8 and 8/17.

Through this program, our LITs get the opportunity to build positive relationships with each other, learn how to effectively work with youth of all ages, and be an integral part of the Camp Sargent Team. LITs get to be on the ground leaders alongside our staff to create the magic Sargent has to offer. Being an LIT is hard work, but fun work as teens work, learn and grow together.

As an LIT, your teen will be exposed to and gain experience in the following:

- Team building
- Group Facilitation
- Relationship Building
- Creative Programming
- Positive Youth Development
- Conflict Management and Problem Solving
- Life Skills that will prepare them for the future
- and lots and lots of fun



Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-12

Swim Lessons on
Lake Naticook
Ages 6-12

Leaders in
Training Program
Grades 8-12



MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | Camp Director: Kristen Capriotti | kcapriotti@nymca.org

Camp Hours

Camp Day:
9 AM – 4 PM

Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

Pre/Post Cost

\$60 per child, per week, covers both

MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

CAMP CREATE (Grades 1-6)

CAMP DIRECTOR: Kristen Capriotti | kcapriotti@nmymca.org | 603.881.7778

Campers can indulge their creative side through various specialty camps with a focus on the visual and performing arts. Many camps will have a performance or showing at the end of the week to demonstrate what they learned.

Arts of All Sorts Camp (Grades 1-6)

Let your creative side FREE! Arts of All Sorts is the perfect camp for your budding artist. Whether that be in the visual arts or performing arts. Your camper will get a little bit of everything! Your camper will enjoy acting, dance, music, and the visual arts. Each day has a different focus! This camp will be offered ALL SUMMER LONG!!

Grades 1-6 Price Per Week

YMCA Family Member: \$220

YMCA Youth Member: \$250

Community Member: \$290

Week 1 and 11 Single Day Rates

YMCA Family Member: \$44/Day

YMCA Youth Member: \$50/Day

Community Member: \$58/Day



FRIDAY THEME DAYS

Every Friday at Camp Create is a theme day. We invite our campers to come to camp dressed for the theme of the day. During Weeks 1 and 11 we have a new theme every day as we celebrate the beginning and end of summer with our campers. We ask that the campers don't bring any weapons or inappropriate clothing to camp. (Theme days are subject to change.)

Week 1
(June 20 -
June 24)

Spirit Week:
Make Yourself at Home Monday
Tourist Tues
Wild Animal Wednesday
Twinning Thursday
Fan Friday

Week 2

Fashion Flashback

Week 3

Colors of the USA

Week 4

Storybook Summer

Week 5

Celebrate Music

Week 6

Tye Dye

Week 7

Best of Broadway

Week 8

Art of Animation

Week 9

Outer Space

Week 10

Going to Hollywood

Week 11
(Aug. 29-
Sept. 2)

Spirit Week:
Magical Monday
Totally Crazy Tuesday
What You Want to be Wednesday
Hoedown Throw Down Thursday
Flashback Friday



Summer Camps

Arts of All Sorts
Grades 1-6

Specialty Camps
Grades 1-6

FUN ALL SUMMER LONG June 20 – September 2

SPECIALTY CAMPS:

YMCA Family Member: \$245 | YMCA Youth Member: \$275 | Community Member: \$310

All specialty camp activities will happen in the morning between 9am-12pm. In the afternoon campers will enjoy other activities such as swimming, games, arts, crafts and more.

Acting 101 (Grades 1-3)

Give your imagination a blast of spontaneity! Improvisation works to increase a child's observation and concentration skills while freeing their imaginations! Campers will learn the basic rules of improvisation and then put them to use playing performance games.

Dance Mania (Grades 1-3)

Come dance with us! Campers will spend the day learning different styles of dance including ballet, hip hop, jazz, creative movement, and line dances. Students will learn choreography, make up dances of their own, and put on a small performance for family and friends at the end of the week!

NEW! Exploring Textures (Grades 1-3)

Have you ever felt something soft? Hard? Bumpy? Gritty? Slimy? Campers will explore different textures by using them to create artwork and creating them by making things like slime, playdough, and oobleck.

Flip and Float (Grades 1-3)

Campers will spend time in Tumble Town working on basic tumbling progressions and doing fun obstacle courses, then cool off in the pool for some extra swim time.

Greatest Show on Earth (Grades 1-3)

Come be a part of the Greatest Show on Earth, the circus! Campers will explore all different parts of the circus from juggling and acrobatics, to being a clown and balancing acts. We will also learn about other parts of the show like the costuming and music. At the end of the week, campers will put all our new skills together and create their very own Camp Create Circus Show!

Skips and Scribbles (Grades 1-3)

Skips and Scribbles allows campers to use their creativity and their muscles all in one class! Art class will explore a variety of art materials and creative ideas to excite the imagination then off to the dance studio to explore their creativity through movement. This class is a great way to challenge your child's brain and body!

Brixology (Grades 1-6)

This camp will be centered on playing and building with Legos each day and create awesome Lego Art! Campers will be given projects/tasks to accomplish with Legos to create and build! We will take pictures of each sculpture and make an album to display at the end of the week.

NEW! Edible Art (Grades 1-6)

Come create fun and tasty snacks while using art concepts like colors, patterns, and shapes. Campers will try new foods, practice math, follow directions, learn about nutrition basics, and develop safety techniques all while making something delicious!

Music Makers (Grades 1-6)

Campers will spend each day exploring all kinds of music including musical techniques, diction and proper posture through group singing, along with music concepts and rhythms through movement and even creating their own instruments. A small concert will be given at the end of the week!

MERRIMACK YMCA CAMPS
6 Henry Clay Drive, Merrimack, NH | 603.881.7778

Summer Camps

Arts of All Sorts
Grade 1-6

Specialty Camps
Grades 1-6



MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

FUN ALL SUMMER LONG June 20 – September 2

SPECIALTY CAMPS:

YMCA Family Member: \$245 | YMCA Youth Member: \$275 | Community Member: \$310

All specialty camp activities will happen in the morning between 9am-12pm. In the afternoon campers will enjoy other activities such as swimming, games, arts, crafts and more.

NEW! Anime, Chibi, and More (Grades 4-6)

Learn how to draw your favorite anime characters including, backgrounds, bodies and facial features, trendy clothing, and hair. We will focus on coloring techniques, styles, poses, clothing, and creating characters. Mediums will include working with color pencils, markers, and watercolor.

Cheer Camp (Grades 4-6)

Cheerleading develops strength, flexibility, spunk and power. In cheer camp, campers will focus on cheerleading skills like jumps, tumbling, cheer and dance routines, chants, and conditioning in a safe, fun environment. At the end of the week, our cheerleaders will perform a routine for family and friends to enjoy!

Dance and Dive (Grades 4-6)

Campers will spend part of their day in the dance studio learning different styles of dance like ballet, jazz, lyrical, hip-hop, musical theater dance, and line dances, then they will cool off with some extra swim time in the pool. Students will learn choreography, make up dances of their own, and put on a small performance for family and friends at the end of the week!

NEW! Movie Makers (Grades 4-6)

Campers will learn about different aspects of movie making including screenwriting, directing, sounds and lightening, acting, basic camera work, and elementary editing. Students will also experience cartoon creations and stop motion animation. This camp is perfect for any future Hollywood Star!

NEW! Sculpture and Printmaking (Grades 4-6)

Campers will spend part of their day making their own stamps from rubber blocks and create prints we can then color in after. The other part of our camp day campers will learn the ins and outs of sculpting with air dry clay. Learn techniques such as score and slip, coiling as well as smoothing your creations and adding texture. We will also be painting our creations for campers to bring home at the end of the week.

NEW! Slime Time Potions and More (Grades 4-6)

Campers will spend part of the week making everything from slime, to playdough, and even oobleck. The other part of the week will be spent exploring potions and fun science experiments and learning lots of cool new facts.



Summer Camps

Arts of All Sorts
Grade 1-6

Specialty Camps
Grades 1-6



NASHUA YMCA CAMPS

24 Stadium Drive, Nashua, NH | Camp Director: Kyle Cannon | kcannon@nymymca.org

Camp Hours

Camp Day:
9 AM - 1 PM

Little Investigators Preschool Camp

A weekly fun-filled summer camp program for kids ages 3-5.
Let your child have the best summer ever at the YMCA!

Pre/Post Cost

No before or after
care offered.

NASHUA YMCA CAMPS

24 Stadium Drive, Nashua, NH | 603.882.2011

Summer Camps

Little
Investigators
Ages 3-5

LITTLE INVESTIGATORS CAMP (Ages 3-5)

CAMP DIRECTOR: Kyle Cannon | kcannon@nmyymca.org | 603.882.2011

This is where the fun begins and learning never ends! Let your child explore the Y way with a fun-filled, recreational program.

PRICE PER WEEK:
YMCA Member: \$162
Community Member: \$180
Camp Hours: 9am - 1 pm

Children must be potty trained to attend camp. No before or after care offered. Children will swim once per week.

Week 2 (June 27- July 1)

Book and Buffet Camp

Each day your child will listen to a story and make a yummy treat to go with our book. Don't miss this learning opportunity for your child; this week will have a strong emphasis on literacy!

Week 3 (July 5-8)

Invention Convention Camp

Using S.T.E.A.M. curriculum, preschoolers are encouraged and supported in designing and creating things like bridges, parachutes, catapults and more!

Week 4 (July 11-15)

Dinosaur Discovery Camp

Topics include paleontology, dinosaur identification, Triassic, Jurassic, and Cretaceous periods, habitats, herbivores, omnivores and carnivores. This week is a hit, don't miss out!

Week 5 (July 18-22)

Food and Fun Camp

Straight from the YUSA's Food and Fun Curriculum, children will learn about healthy eating habits with different themes each day. Each theme will include a cooking lesson and physical activity for FUN extended learning experiences!

Week 6 (July 25-29)

Lil' Green Thumbs Camp

We are diving into a veggie garden this week! Our days will be filled with vegetable identification, learning about the life cycle of our favorite flowers and plants, planting seeds, tending our garden and harvesting our very own vegetables!

Week 7 (August 1-5)

Bees, Beetles and Butterflies Camp

This week is all about bugs! Caterpillars in the classroom will turn to butterflies before our eyes! Other topics will include ants with a live ant farm, arachnids, worms, beetles and more!

Week 8 (August 8-12)

Community Helper Camp

Campers live out the Y's mission by learning about our community helpers and doing fun activities that emphasize honesty, caring, respect and responsibility

Week 9 (August 15-19)

Nature Camp

This week we will take advantage of Mine Falls Park, located right in our Y's front yard. Activities include scavenger hunts, wildlife exploration, and animal track identification using different media and tools to make the experience one your camper will remember.

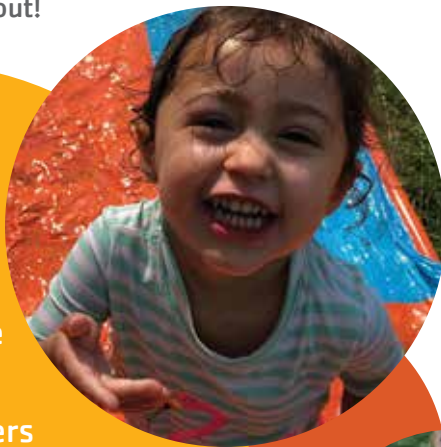
Week 10 (August 22-26)

Water Wonderland Camp

If your child likes to get wet and play in the water, this is the camp week to choose! Water fun outside and water experiments inside will make this camp a blast! Experiments this week include fishing for ice cubes, sink or float and fun activities with solids, liquids and gases!

WHAT TO PACK

- Extra Change of Clothes
- Water Bottle with Child's Name
- Sunscreen
- Socks and Sneakers
- Bathing Suit, Towel and Flip Flops on Swim and Water Days
- Peanut and Tree Nut Free Snack and Lunch





SPORTS CAMPS

Tennis Camps at the Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH
All Other Sports Camps at the Westwood Park YMCA: 90 Northwest Blvd, Nashua NH
Camp Director: Andy MacEachern | amaceachern@nmymca.org

Camp Hours

Camp Day:
9 AM – 4 PM

Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

Pre/Post Cost

\$60 per child, per week, covers both

SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

SPORTS CAMP (Ages 5-15)

CAMP DIRECTOR: Andy MacEachern | amaceachern@nmyymca.org | 603.402.2258

YMCA Sports Camp is a perfect destination for every child who enjoys playing sports and being active. Sports Camp introduces and emphasizes the fundamentals of sports. From skills to drills, to the importance of teamwork, Sports Camp provides a fun and supportive environment for athletes of all skill levels. Whether your camper is new to sports, a seasoned vet, or somewhere in-between, YMCA Sports Camp is a perfect choice for your young athlete.

All Ball Camp (Ages 5-15)

Play like a pro this summer! All Ball is the perfect camp for the child who wants a little bit of everything when it comes to sports. Throughout each day, All Ball campers will enjoy playing an array of sports and games while also diving deep into the week's core sport theme. Tournaments in the core sport will be held on Fridays!

Ages 5-15 Price Per Week

YMCA Family Member: \$220

YMCA Youth Member: \$250

Community Member: \$290

Week 1 and 11 Single Day Rates

YMCA Family Member: \$44/Day

YMCA Youth Member: \$50/Day

Community Member: \$58/Day

CORE SPORTS CAMP:

Week 1 :	Sports Sampler
Week 2:	Turf Sports
Week 3:	Court Sports
Week 4:	Net Sports
Week 5:	Y Ninjas!
Week 6:	Sport Medley
Week 7:	Turf Sports
Week 8:	Court Sports
Week 9:	Sport Medley
Week 10:	Y Ninjas!
Week 11:	Sports Sampler

Sports Sampler

Traditional sports day camp where campers will participate in traditional sports activities along with backyard games in a less competitive manner. It provides an opportunity to explore new sports in a safe and fun environment.

Fun on the Turf!

The focus this week will be on sports and activities that can be played on our indoor turf field! Games this week will include soccer, turf hockey, flag football, and lacrosse, capture the flag, dodgeball, kickball, spikeball, and much more!

Hit the Courts!

Hit the courts with these great sports! Campers will build skills and have friendly competition in sports like basketball, volleyball, pickle ball, traditional dodgeball, futsal, and more!

Summer Camps

All Ball Sports
Camp Ages 5-15

Specialty Camps
Ages 5-15



FUN ALL SUMMER LONG

June 20 – September 2

Nets, Nets, Nets!

Set up the nets and prepare for fun! This camp will focus on games and activities that require campers to get an object over a net using various creative techniques. Games include foot volleyball, balloon tennis, badminton, volleyball, and other variations of classic net sports.

Sport Medley

Campers will be organized into teams and compete daily against each other in various sporting activities from traditional sports to backyard games such as kickball, dodgeball, relays, ultimate Frisbee, and whiffle ball along with obstacle challenges on the Ninja Warrior course. There will be daily winners and the team with the most wins, wins the big trophy at the end of the week!

Y Ninjas!

Campers will participate on our new Ninja Warrior course! Campers will learn proper techniques and work on overall body strength and balance while going through various obstacles on the turf and Ninja Warrior course. Camper will also be able to create their own obstacles and challenges during the week.

SPORTS SAMPLER MOCK SCHEDULE

7-9am	PRE CAMP (Child must be registered for this.)
9-9:15am	Morning Assembly
9:15-9:45am	Warm Up
9:45-10:15am	Sports I: Dodgeball
10:15-10:30am	Snack Time
10:30-11am	Sports II: Basketball
11-11:30am	Sports Time: Floor Hockey
11:30am-12:30pm	Lunch Time & Floor Games
12:30-1:30pm	Open Gym Time
1:30-2:30pm	Rest Time, Free Play, Afternoon Assembly
2:30-3:15pm	Game Time: Flag Football
3:15-3:45pm	Sports III: Gaga Ball
3:45-4pm	Free Play
4-6pm	POST CAMP (Child must be registered for this.)

SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

Summer Camps

All Ball Sports
Camp Ages 5-15

Specialty Camps
Ages 5-15



SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

Summer Camps

All Ball Sports
Camp Ages 5-15

Specialty Camps
Ages 5-15

FUN ALL SUMMER LONG June 20 – September 2

SPORTS SPECIALTY FOCUS CAMPS:

Sports Specialty camp focuses on sport-specific training where campers will spend the week working on their skills, learning techniques and concepts, along with playing games against your friends and peers. The specialty camps will be facilitated by an instructor with a background in the sport.

MOCK WEEKLY SCHEDULE

Days 1 and 2 – Introduction to the Sport

Campers will learn a little about the history of the sport while working on the fundamentals of the sport. They will learn about each position and how they work together to compete as a team. Campers will also go through conditioning/agility drills with games later in the day.

Days 3 and 4 – Review and Go In-Depth

During these days, campers will continue to review drills and skills from earlier in the week while going a little more in-depth with concepts to truly understand how the game is played. Games will be played in the afternoon. Here strategies will be implemented and campers will apply what they've learned.

Day 5 – Game Day!

On the final day of the week, campers will go through an early morning review of the week, be placed on teams and compete in a day-long tournament and crown the champion of the day! An end of the week ceremony will also be held to recognize team and personal achievements.

SPORTS OFFERED

- Basketball
- Football
- Ninja!
- Track and Field/Fitness
- Tennis
- More to Come





SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778



Celtics Camps Presented by New Balance (Ages 9-14)

Celtics Camps focus on the fundamentals and centered around a mentality of teaching the whole camper, focusing on morality and character rather than the sheer goal of winning. One of the Celtics Camps trademarks is the "Thought of the Day" in which we praise the virtues of good character and integrity, often focusing on self-discipline, perseverance and personal responsibility. Celtics Camps develop players at all levels- elementary, middle school and high school. Our professional staff of educators/coaches and Celtic legends will provide a structured learning experience which will further improve the individual players skills. Players will be exposed to a combination of high-level game situation drills that will further improve their physical and mental game.

Session 1: July 18-22 Session 2: August 1-5
YMCA Member or Community Member: \$395
Register at www.celtics.com/camps



Summer Camps

All Ball Sports
Camp Ages 5-15

Specialty Camps
Ages 5-15

SPECIALTY CAMPS SCHEDULE

Weeks noted with a ☐ are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM – 4 PM. Grade determination based on the grade the camper is entering in Fall 2022. ^Weeks 1 and 11 are single day weeks.

Camp Sargent on Lake Naticook *(Camp descriptions on pages 7-12)*

Camp Name	Grade	Price	Wk1^ 6/20- 6/24	Wk 2 6/27- 7/1	Wk 3 7/5- 7/8	Wk 4 7/11- 7/15	Wk 5 7/18- 7/22	Wk 6 7/25- 7/29	Wk 7 8/1- 8/5	Wk 8 8/8- 8/12	Wk 9 8/15- 8/19	Wk 10 8/22- 8/26	Wk11^ 8/29- 9/2
Summer Fun Week-Long Camp	K-8	YFM-\$220 YYM-\$250 CM-\$290	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Summer Fun Single-Day Camp	K-8	YFM-\$44 YYM-\$50 CM-\$58	<input type="checkbox"/>										<input type="checkbox"/>
Camp Name	Grade	Price	Entering Grades K-4										
Digging for Dinos Camp	K	YFM-\$245 YYM-\$275 CM-\$310				<input type="checkbox"/>			<input type="checkbox"/>				
NEW Nature Explorers Camp	K						<input type="checkbox"/>						
NEW Once Upon a Time Camp	K				<input type="checkbox"/>								
Superhero Training Camp	K			<input type="checkbox"/>				<input type="checkbox"/>					
Digging for Dinos Camp	1-2										<input type="checkbox"/>		
Farm Camp	1-2							<input type="checkbox"/>				<input type="checkbox"/>	
NEW Nature Explorers Camp	1-2					<input type="checkbox"/>							
NEW Once Upon a Time Camp	1-2									<input type="checkbox"/>			
Passport to Fun Camp	1-2						<input type="checkbox"/>						
NEW Recess Camp	1-2				<input type="checkbox"/>								
Silly Science Camp	1-2				<input type="checkbox"/>								
Superhero Training Camp	1-2								<input type="checkbox"/>				
Farm Camp	3-4				<input type="checkbox"/>		<input type="checkbox"/>						
NEW Fitness in the Forest Camp	3-4						<input type="checkbox"/>						
Harry Potter Camp	3-4					<input type="checkbox"/>					<input type="checkbox"/>		
Passport to Fun Camp	3-4											<input type="checkbox"/>	
NEW Pokémon Academy	3-4									<input type="checkbox"/>			
NEW Recess Camp	3-4						<input type="checkbox"/>						
NEW Silly Science Camp	3-4								<input type="checkbox"/>				
Camp Sargent Players (2 Week Session)	3-4	YFM-\$490 YYM-\$550 CM-\$620						<input type="checkbox"/>					

Camp Sargent on Lake Naticook (Camp descriptions on pages 7-12)

Camp Name	Grade	Price	Wk1 [^] 6/20- 6/24	Wk 2 6/27- 7/1	Wk 3 7/5- 7/8	Wk 4 7/11- 7/15	Wk 5 7/18- 7/22	Wk 6 7/25- 7/29	Wk 7 8/1- 8/5	Wk 8 8/8- 8/12	Wk 9 8/15- 8/19	Wk 10 8/22- 8/26	Wk11 [^] 8/29- 9/2
Camp Name	Grade	Price	Entering Grades 4-6										
Survivor Camp	4-6	YFM-\$245 YYM-\$275 CM-\$310			<input type="checkbox"/>								
Camp Name	Grade	Price	Entering Grades 5-6										
Archery Camp	5-6	YFM-\$245 YYM-\$275 CM-\$310					<input type="checkbox"/>					<input type="checkbox"/>	
Farm Camp	5-6								<input type="checkbox"/>				
Fitness in the Forest Camp	5-6							<input type="checkbox"/>					
Harry Potter Camp	5-6			<input type="checkbox"/>									
NEW Pokémon Academy	5-6					<input type="checkbox"/>							
NEW Reduce-Reuse-Recycle Camp	5-6						<input type="checkbox"/>						
Silly Science Camp	5-6									<input type="checkbox"/>			
Camp Sargent Players (2 Week Session)	5-6	YFM-\$490 YYM-\$550 CM-\$620								<input type="checkbox"/>			
Camp Name	Grade	Price	Entering Grades 6-9										
Archery Camp	6-9	YFM-\$245 YYM-\$275 CM-\$310		<input type="checkbox"/>						<input type="checkbox"/>			
Farm Camp	6-9				<input type="checkbox"/>								
Fitness in the Forest Camp	6-9					<input type="checkbox"/>							
Greater, Further Stronger Camp	6-9											<input type="checkbox"/>	
The Pitch Camp	6-9								<input type="checkbox"/>				
NEW Pokémon Academy	6-9						<input type="checkbox"/>						
NEW Reduce-Reuse-Recycle Camp	6-9							<input type="checkbox"/>					
Survivor Camp	6-9										<input type="checkbox"/>		
Camp Name	Grade	Price	Entering Grades 8-12										
Leaders in Training (2 Week Session)	8-12	YFM-\$350 YYM-\$400 CM-\$450		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>			

SPECIALTY CAMPS SCHEDULE

Weeks noted with a ☐ are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM – 4 PM. Grade determination based on the grade the camper is entering in Fall 2022. ^Weeks 1 and 11 are single day weeks.

Camp Create at the Merrimack YMCA (Camp descriptions on pages 13-16)

Camp Name	Grade	Price	Wk1^ 6/20- 6/24	Wk 2 6/27- 7/1	Wk 3 7/5- 7/8	Wk 4 7/11- 7/15	Wk 5 7/18- 7/22	Wk 6 7/25- 7/29	Wk 7 8/1- 8/5	Wk 8 8/8- 8/12	Wk 9 8/15- 8/19	Wk 10 8/22- 8/26	Wk11^ 8/29- 9/2
Arts of All Sorts Week-Long Camp	1-6	YFM-\$220 YYM-\$250 CM-\$290	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Arts of All Sorts Single-Day Camp	1-6	YFM-\$44 YYM-\$50 CM-\$58	<input type="checkbox"/>										<input type="checkbox"/>
Camp Name	Grade	Price	Entering Grades 1-3										
Acting 101 Camp	1-3	YFM-\$245 YYM-\$275 CM-\$310							<input type="checkbox"/>				
Brixology Camp	1-3										<input type="checkbox"/>		
Dance Mania Camp	1-3											<input type="checkbox"/>	
NEW Edible Art Camp	1-3									<input type="checkbox"/>			
NEW Exploring Textures Camp	1-3					<input type="checkbox"/>							
Flip and Float Camp	1-3				<input type="checkbox"/>								
Greatest Show On Earth Camp	1-3							<input type="checkbox"/>					
Music Makers Camp	1-3				<input type="checkbox"/>								
Skips and Scribbles Camp	1-3							<input type="checkbox"/>					
Camp Name	Grade	Price	Entering Grades 1-3										
NEW Anime, Chibi and More Camp	3-6	YFM-\$245 YYM-\$275 CM-\$310						<input type="checkbox"/>					
Brixology Camp	3-6											<input type="checkbox"/>	
Cheer Camp	3-6					<input type="checkbox"/>							
Dance and Dive Camp	3-6			<input type="checkbox"/>									
NEW Edible Art Camp	3-6								<input type="checkbox"/>				
NEW Movie Makers Camp	3-6						<input type="checkbox"/>						
Music Makers Camp	3-6				<input type="checkbox"/>								
NEW Sculpture and Printmaking Camp	3-6									<input type="checkbox"/>			
NEW Slime, Potions and More Camp	3-6										<input type="checkbox"/>		

SPECIALTY CAMPS SCHEDULE

Weeks noted with a ☐ are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member/Non Y Member. Our camp days run from 9 AM – 4 PM. Sports camp is using ages for summer camps to align with youth sports guidelines. ^Weeks 1 and 11 are single day weeks.

Sports Camps at the Westwood Park YMCA (Camp descriptions on pages 19–23)

Camp Name	Age	Price	Wk1^ 6/20- 6/24	Wk 2 6/27- 7/1	Wk 3 7/5- 7/8	Wk 4 7/11- 7/15	Wk 5 7/18- 7/22	Wk 6 7/25- 7/29	Wk 7 8/1- 8/5	Wk 8 8/8- 8/12	Wk 9 8/15- 8/19	Wk 10 8/22- 8/26	Wk11^ 8/29- 9/2
All Ball Week-Long Camp	5-15	YFM-\$220 YYM-\$250 CM-\$290	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
All Ball Single-Day Camp	5-15	YFM-\$44 YYM-\$50 CM-\$58	<input type="checkbox"/>										<input type="checkbox"/>
Camp Name	Age	Price	Basketball Camps										
Basketball Camp	6-9	YFM-\$245 YYM-\$275 CM-\$310		<input type="checkbox"/>									
Basketball Camp	9-12											<input type="checkbox"/>	
Celtics Camps Presented by New Balance	9-14	YM-\$395 CM-\$395					<input type="checkbox"/>		<input type="checkbox"/>				
Registration for Celtics Camps opens in February. Please visit www.celtics.com/camps to register your child for this exciting summer camp experience with the Boston Celtics.													
Camp Name	Age	Price	Football Camps										
Flag Football Camp	6-9	YFM-\$245 YYM-\$275 CM-\$310						<input type="checkbox"/>					
Flag Football Camp	9-12				<input type="checkbox"/>								
Camp Name	Age	Price	Westwood Park Y Ninja Camps										
Ninja Camp	9-14	YFM-\$245 YYM-\$275 CM-\$310				<input type="checkbox"/>				<input type="checkbox"/>			
Camp Name	Age	Price	Running/Fitness Camps										
Track and Field and Fitness Camp	9-14	YFM-\$245 YYM-\$275 CM-\$310									<input type="checkbox"/>		
Camp Name	Age	Price	Tennis Camps - All Tennis Camps Take Place at the Merrimack YMCA										
Tennis Camp	9-12	YFM-\$245 YYM-\$275 CM-\$310			<input type="checkbox"/>								

WE'RE HIRING AT CAMP!

WE'RE HIRING CAMP STAFF FOR THE SUMMER OF 2022 AT ALL THREE OF OUR CAMP LOCATIONS: CAMP CREATE, SPORTS CAMP AND CAMP SARGENT ON LAKE NATICOOK!



COME WORK AT THE YMCA:
Being a Camp Counselor is
More than a Job, it's a Place:

- TO FEEL VALUED AND RESPECTED
- TO BE A ROLE MODEL
- TO FORGE MEANINGFUL RELATIONSHIPS WITH PEERS
- TO WORK OUTSIDE WITH KIDS
- TO GAIN VALUABLE EXPERIENCE AND BUILD OUT YOUR RESUME:
 - LEADERSHIP DEVELOPMENT
 - CONFLICT RESOLUTION
 - CREATIVE THINKING
 - TIME MANAGEMENT
 - PROBLEM SOLVING
 - COMMUNICATION
 - COLLABORATION
 - AND SO MUCH MORE



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Camp Sargent
141 Camp Sargent Road
Merrimack, NH 03054
P: 603.880.4845
www.campsargent.org

Merrimack YMCA
6 Henry Clay Drive
Merrimack, NH 03054
P: 603.881.7778
www.nmymca.org

Nashua YMCA
24 Stadium Drive
Nashua, NH 03062
P: 603.882.2011
www.nmymca.org

Westwood Park YMCA
90 Northwest Boulevard
Nashua, NH 03063
P: 603.402.2258
www.nmymca.org