



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# EVERY SUMMER HAS A STORY

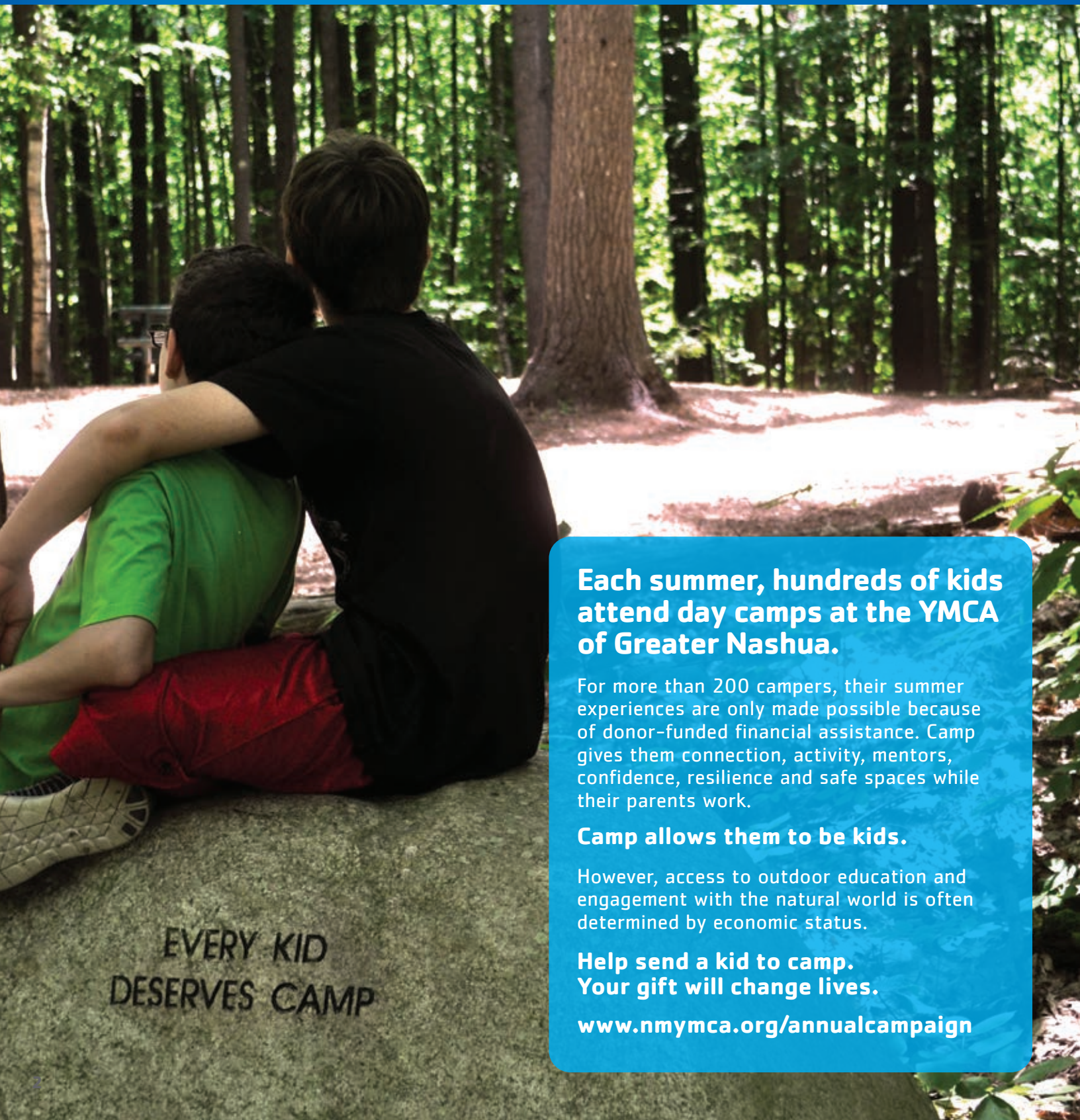
## 2021 SUMMER CAMP

YMCA of Greater Nashua

Merrimack YMCA | Nashua YMCA | Westwood Park YMCA | YMCA Camp Sargent on Lake Naticook



# EVERY KID DESERVES CAMP



EVERY KID  
DESERVES CAMP

**Each summer, hundreds of kids attend day camps at the YMCA of Greater Nashua.**

For more than 200 campers, their summer experiences are only made possible because of donor-funded financial assistance. Camp gives them connection, activity, mentors, confidence, resilience and safe spaces while their parents work.

**Camp allows them to be kids.**

However, access to outdoor education and engagement with the natural world is often determined by economic status.

**Help send a kid to camp.  
Your gift will change lives.**

[www.nmymca.org/annualcampaign](http://www.nmymca.org/annualcampaign)



# WELCOME

Welcome to the YMCA of Greater Nashua Summer Camps! Starting with Camp Sargent in 1924, thousands of youth have come to us for an experience that leaves them feeling confident, learning new skills, and making friendships that last a lifetime. Through our core values of Caring, Honesty, Respect, and Responsibility, adventure awaits! We cannot wait for you and your kids to be part of it this summer!

When thinking about our camp experience, the first thing you need to know is that we are a community of people who come together every day to bring out the best in each other. When your camper comes to our camps, they will feel like they belong, as they become part of the Y family. Camp friends are just different from other friends!

At the heart of the camp experience is a building up of confidence through competence. While at camp, your camper will: try things they have never done before, set goals and work to accomplish them, and build skills that can create lifelong interests and pursuits. Through all of those things, our staff will make sure their success is celebrated and their challenges are a moment of learning. By going through these experiences, campers learn the importance of perseverance and translate the skills they have gained back into their life outside of camp.

As you look through this guide, we challenge you to think about the possibilities! What will trying something new look like for your camper? What do they enjoy and want to get better at? What do you want them to learn in their time with us? Away from screens and with caring adult role models, we are ready to help your camper grow all summer long!

From Our Team to Yours,  
The Camp Directors of the YMCA of Greater Nashua

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## MEET OUR CAMP DIRECTORS

# 2021 SUMMER CAMP DIRECTORS



Tiffany Joslin | [tjoslin@nmymca.org](mailto:tjoslin@nmymca.org)  
*Camp Sargent Director*

Tiffany started her Camp Sargent career, in 2012, as the program director for Camp Sargent's Play Acting Camp. Since then she has been an important part of the day to day operations of camp, and developing it into one of the top summer camps in the area, as one of our Assistant Camp Directors. When Tiffany is not at camp she likes to shop, soak up the sun at the beach, read, watch reality TV, and travel. There is nothing in the world she loves more than spending time with her family and friends.



Kristen Capriotti | [kcapriotti@nmymca.org](mailto:kcapriotti@nmymca.org)  
*Camp Create Director*

Kristen has been working in Y Camp since 2000 and is excited to be taking on the position of Camp Create Director. Kristen a Certification in Dance Education as well as an A.A.S in American Sign Language Interpreting and has been teaching dance for over 20 years. She is ready to bring her passion for creativity to your child's summer experience.



Tracy Beauregard | [tbeauregard@nmymca.org](mailto:tbeauregard@nmymca.org)  
*Sports Camp Director*

Tracy has been a commanding force in YMCA sports since the day she walked into the Merrimack YMCA. With experience running program for preschoolers all the way through high school, Tracy understands the importance of balancing strong athletic effort with the teaching of life skills to carry youth beyond their sport. She cannot wait to have campers experience the magic of the Sports Camp at the Westwood Park YMCA.



Meredith Stensaas | [mstensaas@nmymca.org](mailto:mstensaas@nmymca.org)  
*Teen Camp Director*

Meredith joined the YMCA of Greater Nashua in 2020 as the Teen Camp Director and Achievement Center Director at Hudson Memorial School. Meredith began her career in the YMCA in 2010. In addition to Meredith's YMCA career, she has spent many summers lakeside at residential camps across the Northeast at a camper, CIT, counselors, Waterfront Director and Program Coordinator. Outside of the Y Meredith enjoys hiking, playing board games, singing and visiting with family.



Maxx Jimenez | [camp@nmymca.org](mailto:camp@nmymca.org)  
*Accountant/Camp and Childcare Administrator*

Niuscairy (Maxx) Jimenez joined our finance team in August of 2020. If you have any questions about registration, challenges with camp paperwork, or need help setting up payment plans, Maxx is here to help make your camp experience easy. Her love for the YMCA started 4 years ago when she worked at the Raritan Bay Area YMCA as a Camp Counselor. She loved this job because she had the opportunity to give back to the community. Before joining the Y, Maxx worked at the Nashua School District as a 21st Century Site Coordinator.

# 2021 SUMMER CAMP STAFF

Working at Summer Camp is an experience like no other and your camper will be the one to benefit. The staff at the YMCA of Greater Nashua Camps are among the best you will find anywhere as they adhere to a very high standard of quality programming and camp philosophy:

## **Camp should be fun. Camp should be meaningful.**

Our staff will be there with your camper every step of the way to ensure a summer like no other. If they are having the best day of their summer, or need some support to pick themselves up. Our camp staff is trained to handle everything with emotional support and complete professionalism. If there is one thing your camper will talk about after their experience, it will be the staff!

### **CAMP GENERAL SCHEDULE**

7-9am	PRE CAMP (Child must be registered for this.)
8:45-9:15am	Check in on the field (Indoors if inclement weather)
9:15-9:30am	Morning Meeting/Activity
9:30-10am	Morning Snack
10am-Noon	Program Time
12-12:30pm	Lunch
12:30-1pm	Outdoor Group Activities
1-3:30pm	Afternoon Activity Rotation (Most days will include water activity.)
3:30-4pm	Afternoon Snack and Outdoor Play
4-4:15pm.	Dismissal
4-6pm	POST CAMP (Child must be registered for this.)

## **GENERAL CAMP SCHEDULE/ WHAT TO PACK**

### **WHAT TO PACK FOR CAMP**

Please make sure your child's name is on all belongings and have them leave any valuables, electronics, cell phones and toys at home. Additionally, all YMCA of Greater Nashua summer camps are nut free for the safety of campers and staff.

**Swimsuit  
and Towel**

**Refillable  
Water Bottle**

**Healthy Lunch  
and Two Snacks  
(non-heatable and  
nut free, please)**



**Sunscreen and  
Bug Repellent**

**Closed Toe  
Shoes**

**Extra Pair  
of Socks**

**An "I'm Ready to Have Fun" Attitude!**



# GENERAL INFORMATION FOR FAMILIES/PARENTS

## GENERAL INFORMATION

### CAMP WEEKS

Week 1*	June 14-18 (Single Days Available)
Week 2	June 21-25
Week 3	June 28-July 2
Week 4	July 5-9
Week 5	July 12-16
Week 6	July 19-23
Week 7	July 26-30
Week 8	August 2-6
Week 9	August 9-13
Week 10	August 16-20
Week 11*	August 23-27 (Single Days Available)
Week 12*	August 30-Sept. 3 Camp Sargent Only (Single Days Available)

\* Weeks 1, 11 and 12 (single-day weeks): Parents can register for single days these weeks or the full week.

### REGISTRATION

Registering for camp only takes a few minor steps. You will be ready for an incredible experience with us in no time.

1. You can register online at [nmymca.org/summercamps](http://nmymca.org/summercamps) or by coming into the Welcome Center at any of our locations.
2. When you register, there will be a \$25 deposit needed per week of camp registered.
3. You can register up to 11:59pm on the Wednesday before the week of camp your child will be attending.
4. Camp balances must be paid by the Wednesday before a week of camp to ensure enrollment in camp.
5. If you have any questions, you can reach out to any of the camp directors for more information and answers.

### SIBLING DISCOUNT

The YMCA of Greater Nashua provides a sibling discount for siblings within the same household who sign up for the same camp week in the same camp location: Camp Sargent, Camp Create and Sports Camp. These discounts cannot be used in conjunction with any other discount or promotion and can't be transferred. This discount can only be applied in house at either the Nashua, Merrimack or Westwood Park YMCA Welcome Centers.

1st Child - Full Price  
2nd Sibling - \$10 off  
3rd Sibling - \$15 off

Camp Weeks

Registration  
Information

Sibling Discount

## COVID-19 CONSCIOUS SUMMER CAMP

Youth development, healthy living and social responsibility are the three main focus areas of our mission. With that in mind, we want you to know that we take the health of your child, family and our overall community very seriously.

To that end, building on what we learned last year, we are planning the safest summer camp possible and will be strictly following all recommended safety guidelines set forth by local health officials and the CDC for this upcoming summer camp season.

More to come when those guidelines are released.







# YMCA CAMP SARGENT on Lake Naticook

141 Camp Sargent Road, Merrimack, NH | Camp Director: Tiffany Joslin | [tjoslin@nymca.org](mailto:tjoslin@nymca.org)

## Camp Hours

Camp Day:  
9 AM – 4 PM

## Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

## Pre/Post Cost

\$60 per child, per week, covers both



# YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

## CAMP SARGENT on Lake Naticook

CAMP DIRECTOR: Tiffany Joslin | [tjoslin@nmyymca.org](mailto:tjoslin@nmyymca.org) | 603.882.2011 | 603.880.4845  
(winter) (summer)

Our 22 acre lake front day camp provides the natural setting for children to forge friendships, memories, & leadership skills that will last a lifetime.

### Summer FUN (Grades K-8)

A traditional day camp experience. Swimming, boating, archery, nature, arts and crafts, drama, yoga, Gaga, board games, fishing, hiking, songs, scavenger hunts and more, ALL SUMMER LONG!

#### Kindergarten Price Per Week

YMCA Member: \$220

Community Member: \$300

Ask about our ½ day option and pricing (9am-1pm).

#### Grades 1-8 Price Per Week

YMCA Member: \$210

Community Member: \$275

Since 1924, Camp Sargent has been a place thousands of children and adults have found a community to belong to. At the heart of Camp Sargent is the joy of fun combined with learning and exploration. This all combined with caring adult role models, your camper will have an experience that will last a lifetime.

Camping is about learning new skills, developing character and making friends. But few environments are as special as camp, where kids become a community as they learn to be more independent. Being guided by the four core values of Caring, Honesty, Respect, and Responsibility, you camper will transform learning a skill into confidence in themselves!

### Summer Camps

Summer FUN  
Grades K-8

Specialty Camps  
Grades 1-12

Swim Lessons on  
Lake Naticook  
Ages 6-12

Leaders in  
Training Program  
Grades 9-12



 /ymcacampsargent

Like Us on Facebook for Events,  
Videos, Pictures and Important Updates!



# YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

## FRIDAY THEME DAYS

Every Friday at Camp Sargent is a theme day. We invite our campers to come to camp dressed for the theme of the day. During Weeks 1 and 12 we have a new theme every day as we celebrate the beginning and end of summer with our campers. We ask that the campers don't bring any weapons or inappropriate clothing to camp. (Theme days are subject to change.)

Week 1  
(June 14 -  
June 18)

Spirit Week:  
Make Yourself at Home Monday  
Tourist Tuesday  
Wild Animal Wednesday  
Twinning Thursday  
Fan Friday

Week 2

Pirate Day

Week 3

Party In The USA

Week 4

A Year to Remember

Week 5

Freaky Friday

Week 6

Sargent's Got Talent

Week 7

Olympics

Week 8

Escape the Day

Week 9

Disney

Week 10

Hawaiian Hullabaloo

Week 11

Welcome to the Jungle

Week 12  
(Aug. 30-  
Sept. 3)

Spirit Week:  
Magical Monday  
Hoedown Tuesday  
What You Want to be Wednesday  
Tye Dye Thursday  
Flashback Friday

## Summer Camps

**Summer FUN**  
Grades K-8

**Specialty Camps**  
Grades 1-12

**Swim Lessons on**  
**Lake Naticook**  
Ages 6-12

**Leaders in**  
**Training Program**  
Grades 9-12

# YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

## Summer Camps

Summer FUN  
Grades K-8

Specialty Camps  
Grades 1-12

Swim Lessons on  
Lake Naticook  
Ages 6-12

Leaders in  
Training Program  
Grades 9-12

## FUN ALL SUMMER LONG June 14 - September 3

### SPECIALTY CAMPS:

YMCA Member: \$235 | Community Member: \$300

#### Digging for Dinos Camp (Grades K-2)

Calling all future paleontologists! Excavate an adventure packed with fossilized FUN! Uncover clues of the past as you embark on a prehistoric dino dig, you will learn about these extinct creatures through fun games, crafts, adventures, and hunts!

#### Fancy Fairy Camp (Grades K-2)

This camp is perfect for your little fairy. We will dance, read stories, do arts and crafts, and use nature to build our own fairy village. At the end of the week your fairy will have to dress up in their fanciest clothes for a tea party they will never forget. Campers will let their inner fairy shine in the magical and natural environment of Camp Sargent!

#### Superhero Training Camp (Grades K-2)

Superheroes will receive the training they need to tap their inner superhero potential through the YMCA core values as a base! At the training camp, they will have the chance to create his/her "secret identity," improve their "super skills", and make new friends! This is no ordinary camp for ordinary kids: this camp is for HEROES!

#### NEW! Wild West Camp (Grades K-4)

YEEHAW! Come on down to the Wild Wild West side of Camp Sargent. Cowboys and Cowgirls will have shooting practice on our sling-shot range, go on hunts for gold, and go on some wild adventures!

#### Forts, Bridges & Skyscrapers Camp (Grades 1-4)

We'll look at the natural and man-made world around us, while learning to work individually as well as part of a team. Creativity and problem solving are fostered inside of this camp! Will your structures uphold to the challenge we have in store!

#### NEW! Silly Science Camp (Grades 1-4)

Your camper will explore their silly side while doing fun science experiments and learning lots of cool new facts. We will be doing super silly science experiments that are cool and easy to do! Campers will love how much fun these make learning!

#### NEW! Passport to Fun (Grades 1-6)

Come along on a journey you will never forget. Travel the world with your favorite Camp Sargent travel guide to 5 different locations to learn about their cultures, food, and games they play! You will create your own passport, and get it stamped along the way!

#### Farm Camp (Grades 1-9)

Combining hands-on farm education and sustainable living is what this camp is all about. Campers will interact with animals each day performing chores, learning how to care for them, and understand their importance on a farm. During their time in the camp, each camper will learn about planting, weeding, composting, and harvesting in our vegetable garden.

#### NEW! Camp Sargent Players - 2 week camp (Grades 3-6)

Lights, Camera, Action! In this two week camp campers will learn all aspects about the theater! They will play theater games, and work on putting on a production of their own at the end of the two week session for family and friends!

Grades 3-4: Peter Pan Grades 5-6: Aladdin

#### Harry Potter Camp (Grades 3-6)

Leave Camp Sargent Road and the Muggle world behind us as you transform into a student at Hogwarts School of Witchcraft and Wizardry. This camp is a celebration of all things Hogwarts! Wizards will be able to create and taste their very own Hogwarts snacks, concoct potions, create spell books, create their own magic wands and robes, and so much more! If your inner wizard is dying to get out, then this camp is right up your Diagon Alley.

#### Archery Camp (Grades 5-9)

One of the most popular activities at camp, campers will learn proper technique and safety of this sport. Limit 10 Campers per session.

#### NEW! Fitness in the Forest (Grades 5-9)

Campers will learn the benefits of exercise, while experiencing how fun it can be. Different styles of cardio and new creative ideas for nutritious snacks will be introduced, all while soaking up the natural vitamin D that nature has to offer!





# YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

## Summer Camps

Summer FUN  
Grades K-8

Specialty Camps  
Grades 1-12

Swim Lessons on  
Lake Naticook  
Ages 6-12

Leaders in  
Training Program  
Grades 9-12

## SWIM LESSONS ON LAKE NATICOOK

Swim lessons are offered at the conclusion of the camp day, for registered Camp Sargent campers (for those weeks). Campers will be taught the fundamentals of proper swim mechanics and aquatic safety. Our goal is that your child leaves each class as a more confident swimmer! Limit 6 per class. Pre/Post camp registration also required for applicable weeks. If inclement weather, classes will be canceled without a refund.

Ages 6-8 4:30-5:00pm  
Ages 9-12 5:10-5:40pm

Beginner, intermediate and advanced classes will be offered each time slot. Please see swim level descriptions of what each level equates to if they were to take lessons at the Merrimack or Nashua.

**YMCA Member: \$50/week**  
**Community Member: \$100/week**

### Swim Level Descriptions:

#### Beginner level:

Beginner level is intended for children who have never had a formal swim lesson and have minimal swim experience.

#### Intermediate Level

Prerequisite: Completion of Beginner level or approval from the Waterfront Director. Intermediate Level is intended for children who can swim independently without flotation 10 yards and are comfortable submerging his or her face in the water.

#### Advanced Level

Prerequisite: Completion of Intermediate level or approval from the Waterfront Director. Advance level is intended for children who can swim 25 yards of proper front and back crawl.



### NEW! Myth Busters (Grades 5-9)

Can paper cups support your weight? Can an egg successfully bungee from a tall height to the ground without breaking? Can balloons lift a house off the ground? Come find the answer to some most curious questions by formulating and running experiments to try and disprove some the most common myths, at Camp Sargent's Myth Buster camp!

### Survivor Camp - 2 week camp (Grades 5-9)

Through both physical and mental challenges, campers will participate in activities that will push them to dig deep in themselves and trust in their peers to overcome obstacles, both physical and not. Campers will develop self-confidence, independence, and leadership in this camp, along with skills to survive in the wild! Do you have what it takes to be the ultimate survivor?

### NEW! Greater, Further Stronger (Grades 6-9)

Have you ever wanted to swim around Blueberry Island? Find hidden corners of camp? Debate whether pineapples should go on pizza? In this teen-based camp middle schoolers will work through a series of challenges to "Be Greater, Go Further and Be Stronger." The week will culminate with a camp Triathlon. Are you up for the challenge?

### NEW! The Pitch! (Grades 6-9)

Are you looking for a way to leave your mark on Camp Sargent? Now is your chance! Teens will spend the week in a "Shark Tank" style program developing a plan to pitch their ideas to the camp community. Teens will work to plan, budget, and brand and market their idea to add the next best thing to come to Camp Sargent!

### NEW! Make Kind Loud (Grades 7-12)

Make Kind Loud gives teens a space to work towards spreading positivity and inspiring others to do the same. Teens will spend the week making positive noise through discussions, random acts of kindness, music, teambuilding activities and a community-based project to spread kindness.



# YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

## LEADERS IN TRAINING (LIT) (Grades 9-12)

CAMP DIRECTOR: Meredith Stensaas | [mstensaas@nmyymca.org](mailto:mstensaas@nmyymca.org)

The Camp Sargent Leaders in Training (LIT) program is designed to help teens find their next level of leadership development and community service.

**PRICE PER SESSION**  
YMCA Member: \$300  
Community Member: \$400

**SESSION DATES\***  
• June 21-July 2      • July 5-16  
• July 19-30      • Aug 2-13

**CAMP HOURS**  
8:45am - 4:15pm

\*Each 1st Friday of the Session we will be meeting at the Nashua YMCA for a day of off-site adventure.

Through the program, our LITs get the opportunity to build positive relationships with each other, learn how to effectively work with youth of all ages, and be an integral part of the Camp Sargent Team. LITs get to be on the ground leaders alongside our staff to create the magic Sargent has to offer. Being an LIT is hard work, but fun work as teens work, learn and grow together.

As an LIT, your teen will be exposed to and gain experience in the following:

- Team building
- Group Facilitation
- Relationship Building
- Creative Programming
- Positive Youth Development
- Conflict Management and Problem Solving
- Life Skills that will prepare them for the future
- and lots and lots of fun



### Summer Camps

Summer FUN  
Grades K-8

Specialty Camps  
Grades 1-12

Swim Lessons on  
Lake Naticook  
Ages 6-12

Leaders in  
Training Program  
Grades 9-12





# MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | Camp Director: Kristen Capriotti | [kcapriotti@nymymca.org](mailto:kcapriotti@nymymca.org)

## Camp Hours

Camp Day:  
9 AM – 4 PM

## Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

## Pre/Post Cost

\$60 per child, per week, covers both



# MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## CAMP CREATE (Grades 1-6)

**CAMP DIRECTOR:** Kristen Capriotti | [kcapriotti@nmymca.org](mailto:kcapriotti@nmymca.org) | 603.881.7778

Campers can indulge their creative side through various specialty camps with a focus on the visual and performing arts. Many camps will have a performance or showing at the end of the week to demonstrate what they learned.

### Arts of All Sorts Camp (Grades 1-6)

Let your creative side FREE! Arts of All Sorts is the perfect camp for your budding artist. Whether that be in the visual arts, or performing arts. Your camper will get a little bit of everything! Your camper will enjoy acting, dance, music, and the visual arts. Each day has a different focus! This camp will be offered ALL SUMMER LONG!!

**Grades 1-6 Price Per Week**  
**YMCA Family Member: \$210**  
**Community Member: \$275**



### FRIDAY THEME DAYS

Every Friday at Camp Create is a theme day. We invite our campers to come to camp dressed for the theme of the day. During Weeks 1 and 11 we have a new theme every day as we celebrate the beginning and end of summer with our campers. We ask that the campers don't bring any weapons or inappropriate clothing to camp. (Theme days are subject to change.)

Week 1  
 (June 14 - June 18)  
 Spirit Week:  
 Make Yourself at Home Monday  
 Tourist Tues  
 Wild Animal Wednesday  
 Twinning Thursday  
 Fan Friday

Week 2  
 Week 3  
 Week 4  
 Week 5  
 Week 6  
 Week 7  
 Week 8  
 Week 9  
 Week 10  
 Fashion Flashback  
 Colors of the USA  
 Storybook Summer  
 Celebrate Music  
 Tye Dye  
 Best of Broadway  
 Art of Animation  
 Outer Space  
 Going to Hollywood

Week 11  
 (Aug. 30- Sept. 3)  
 Spirit Week:  
 Magical Monday  
 Totally Crazy Tuesday  
 What You Want to be Wednesday  
 Hoedown Throw Down Thursday  
 Flashback Friday



### Summer Camps

**Arts of All Sorts**  
**Grades 1-6**

**Specialty Camps**  
**Grades 1-6**



# FUN ALL SUMMER LONG June 14 – September 3

## SPECIALTY CAMPS:

YMCA Member: \$235 | Community Member: \$300

### Skips and Scribbles Camp (Grades 1-2)

Skips and Scribbles allows campers to use their creativity and their muscles all in one class! Art class will explore a variety of art materials and creative ideas to excite the imagination then off to the dance studio to explore their creativity through movement. This class is a great way to challenge your child's brain and body.

### Beyond Brushes Camp (Grades 1-4)

Come think outside the brush! Campers will create painting projects using various tools and learn to explore the world of art with anything and everything...except a paintbrush. At the end of the week, we will host an art show for family and friends to enjoy!

### Dance Mania Camp (Grades 1-4)

Come dance with us! Campers will spend the day learning different styles of dance including ballet, hip hop, jazz, creative movement, and line dances. Students will learn choreography, make up dances of their own, and put on a small performance for family and friends at the end of the week!

### Flip and Float Camp (Grades 1-4)

Campers will spend time in Tumble Town working on basic tumbling progressions and doing fun obstacle courses, then cool off in the pool for some extra swim time!

### Greatest Show on Earth Camp (Grades 1-4)

Come be a part of the Greatest Show on Earth, the circus! Campers will explore all different parts of the circus from juggling and acrobatics, to being a clown and balancing acts. We will also learn about other parts of the show like the costuming and music. At the end of the week, campers will put all our new skills together and create their very own Camp Create Circus Show.

### Acting and Improv Camp (Grades 1-6)

Give your imagination a blast of spontaneity! Improvisation works to increase a child's observation and concentration skills while freeing their imaginations! Campers will learn the basic rules of improvisation and then put them to use playing performance games.

### Brixology Camp (Grades 1-6)

This camp will be centered on playing and building with Legos each day and create awesome Lego Art! Campers will be given projects/tasks to accomplish with Legos to create and build! We will take pictures of each sculpture and make an album to display at the end of the week.

### Creative Cooks Camp (Grades 1-6)

Come create fun and tasty snacks while using art concepts like colors, patterns, and shapes. Campers will try new foods, practice math, follow directions, learn about nutrition basics, and develop safety techniques all while making something delicious!

### Music Makers Camp (Grades 1-6)

This upbeat camp teaches Broadway-style jazz choreography and show-stopping stage presence with a focus on learning acting and song-and-dance numbers from a variety of musical productions.

**MERRIMACK YMCA CAMPS**  
6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## Summer Camps

Arts of All Sorts  
Grade 1-6

Specialty Camps  
Grades 1-6



# MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## FUN ALL SUMMER LONG June 14 – September 3

### SPECIALTY CAMPS:

YMCA Member: \$235 | Community Member: \$300

#### Game Creators Camp (Grades 3-6)

Do you love playing games? Our Game Creators will get to spend the week not only creating, but playing their very own board games, field games, card games, and anything else they can imagine.

#### Cartoon Creations Camp (Grades 5-6)

Love cartoons? Campers will learn to draw faces and figures, develop their own characters and sharpen their skills while they learn the secrets used by their favorite master cartoonists. The class explores many different styles such as superheroes, comic book, manga, anime, Disney etc. At the end of the week, we will host an art show for family and friends to enjoy!

#### Cheer Camp (Grades 5-6)

Cheerleading develops strength, flexibility, spunk and power. In cheer camp, campers will focus on cheerleading skills like jumps, tumbling, cheer and dance routines, chants, and conditioning in a safe, fun environment. At the end of the week, our cheerleaders will perform a routine for family and friends to enjoy!

#### Dance and Dive Camp (Grades 5-6)

Campers will spend part of their day in the dance studio learning different styles of dance like ballet, jazz, lyrical, hip-hop, musical theater dance, and line dances, then they will cool off with some extra swim time in the pool. Students will learn choreography, make up dances of their own, and put on a small performance for family and friends at the end of the week!

#### Master Monets Camp (Grades 5-6)

Campers will spend each day exploring all kinds of music including musical techniques, diction and proper posture through group singing, along with music concepts and rhythms through movement and even creating their own instruments. A small concert will be given at the end of the week!



### Summer Camps

Arts of All Sorts  
Grade 1-6

Specialty Camps  
Grades 1-6





# NASHUA YMCA CAMPS

24 Stadium Drive, Nashua, NH | Camp Director: Sarah Sutherland | [ssutherland@nymymca.org](mailto:ssutherland@nymymca.org)

## Camp Hours

Camp Day:  
9 AM – 1 PM

## Preschool Camp

A weekly fun-filled summer camp program for kids ages 3-5.  
Let your child have the best summer ever at the YMCA!

## Pre/Post Cost

No before or after  
care offered.



# NASHUA YMCA CAMPS

24 Stadium Drive, Nashua, NH | 603.882.2011

## Summer Camps

Little  
Investigators  
Ages 3-5

## LITTLE INVESTIGATORS CAMP (Ages 3-5)

CAMP DIRECTOR: Sarah Sutherland | ssutherland@nmymca.org | 603.882.2011

This is where the fun begins and learning never ends! Let your child explore the Y way with a fun-filled, recreational program.

### PRICE PER WEEK:

YMCA Member: \$152

Community Member: \$165

Camp Hours: 9am - 1 pm

*Children must be potty trained to attend camp. No before or after care offered. Children will swim once per week.*

### Week 2 (June 21-25)

#### Book and Buffet Camp

Each day your child will listen to a story and make a yummy treat to go with our book. Don't miss this learning opportunity for your child; this week will have a strong emphasis on literacy!

### Week 3 (June 28- July 2)

#### Invention Convention Camp

Using S.T.E.A.M. curriculum, preschoolers are encouraged and supported in designing and creating things like bridges, parachutes, catapults and more!

### Week 4 (July 5-9)

#### Dinosaur Discovery Camp

Topics include paleontology, dinosaur identification, Triassic, Jurassic, and Cretaceous periods, habitats, herbivores, omnivores and carnivores. This week is a hit, don't miss out!

### Week 5 (July 12-16)

#### Food and Fun Camp

Straight from the YUSA's Food and Fun Curriculum, children will learn about healthy eating habits with different themes each day. Each theme will include a cooking lesson and physical activity for FUN extended learning experiences!

### Week 6 (July 19-23)

#### Lil' Green Thumbs Camp

We are diving into a veggie garden this week! Our days will be filled with vegetable identification, learning about the life cycle of our favorite flowers and plants, planting seeds, tending our garden and harvesting our very own vegetables!

### Week 7 (July 26-30)

#### Bees, Beetles and Butterflies Camp

This week is all about bugs! Caterpillars in the classroom will turn to butterflies before our eyes! Other topics will include ants with a live ant farm, arachnids, worms, beetles and more!

### Week 8 (August 2-6)

#### Diggin' with Dinosaurs Camp

Back by popular demand! We're adding another full week of dinosaur camp this year! This week's topics will include fossils, volcanoes, how they cared for their young, their hunting habits and footprint identification!

### Week 9 (August 9-13)

#### Outdoor Discovery Camp

This week we will take advantage of Mine Falls Park, located right in our Y's front yard. Activities include scavenger hunts, wildlife exploration, and animal track identification using different media and tools to make the experience one your camper will remember.

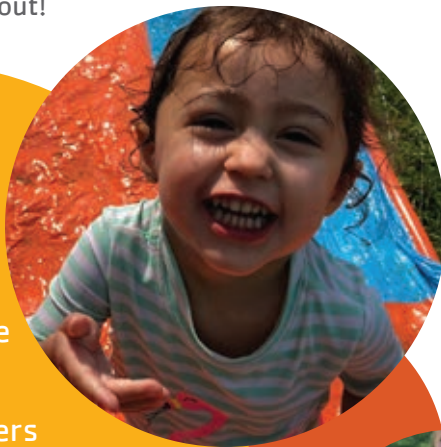
### Week 10 (August 16-20)

#### Water Wonderland Camp

If your child likes to get wet and play in the water, this is the camp week to choose! Water fun outside and water experiments inside will make this camp a blast! Experiments this week include fishing for ice cubes, sink or float and fun activities with solids, liquids and gases!

### WHAT TO PACK

- Extra Change of Clothes
- Water Bottle with Child's Name
- Sunscreen
- Socks and Sneakers
- Bathing Suit, Towel and Flip Flops on Swim and Water Days
- Peanut and Tree Nut Free Snack and Lunch







# SPORTS CAMPS

Tennis Camps at the Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH

All Other Sports Camps at the Westwood Park YMCA: 90 Northwest Blvd, Nashua NH

Camp Director: Tracy Beauregard | [tbeauregard@nymymca.org](mailto:tbeauregard@nymymca.org)

## Camp Hours

Camp Day:  
9 AM – 4 PM

## Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

## Pre/Post Cost

\$60 per child, per week, covers both

# SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258  
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## SPORTS CAMP (Grades 1–10/Ages 5–15)

CAMP DIRECTOR: Tracy Beauregard | tbeauregard@nymymca.org | 603.402.2258

YMCA Sports Camp is a perfect destination for every child who enjoys playing sports and being active. Sports Camp introduces and emphasizes the fundamentals of sports. From skills to drills, to the importance of teamwork, Sports Camp provides a fun and supportive environment for athletes of all skill levels. Whether your camper is new to sports, a seasoned vet, or somewhere in-between, YMCA Sports Camp is a perfect choice for your young athlete.

### All Ball Camp (Grades 1–6)

Play like a pro this summer! All Ball is the perfect camp for the child who wants a little bit of everything when it comes to sports. Throughout each day, All Ball campers will enjoy playing an array of sports and games while also diving deep into the week's core sport theme. Tournaments in the core sport will be held on Fridays!

Grades 1–6 Price Per Week  
YMCA Family Member: \$210  
Community Member: \$275

#### CORE SPORTS THEMES:

Week 1:	Sports Sampler
Week 2:	Turf Sports
Week 3:	Court Sports
Week 4:	Net Sports
Week 5:	Recess Games
Week 6:	Around the World
Week 7:	YMCA Olympiad
Week 8:	Court Sports
Week 9:	Turf Sports
Week 10:	Recess Games
Week 11:	Sports Sampler

### Court Sports

Hit the courts with these great sports! Campers will build skills and have friendly competition in sports like basketball, volleyball, pickleball, Nuke'em, futsal, and more!

### Net Sports

Set up the nets and prepare for fun! This camp will focus on games and activities that require campers to get an object over a net using various creative techniques. Games include foot volleyball, balloon tennis, badminton, volleyball, ping pong, and other variations of classic net sports.

### Recess Games

Did you miss out on recess this year? Join us for some awesome recess games to make up for time lost! Campers will enjoy playing traditional recess games like kickball, four square, dodgeball, gagaball, noodle tag, and many other classics.

### Sports Around the World

Didn't get the chance to travel this year? We will bring sports from around the world to you this summer! "Travel" around the world and experience native sports from a number of different countries. Italy's Bocce Ball, Canada's turf hockey, Australian rules flag football, Denmark's team handball, and Uruguay's futsal.

### Turf Sports

The focus this week will be on sports and activities that can be played on our indoor turf field! Games this week will include soccer, turf hockey, flag football, lacrosse, dodgeball, kickball, spikeball, and much much more!

### YMCA Olympiad

Light the torch and celebrate the Summer Olympics with us! Campers will have their own mini version of the summer games as they participate in some of the summer Olympic sports. Sports include basketball, archery, baseball (wiffleball), badminton, volleyball, soccer, golf, etc. Campers will end the week with a closing ceremony, and one lucky "country" will walk away as gold medalists.



### Summer Camps

All Ball Sports  
Camp Grades 1–6

Specialty Camps  
Ages 5–15



# FUN ALL SUMMER LONG June 14 – September 3

## SPORTS SPECIALTY FOCUS CAMPS:

*Specialty camps are designed for those campers who are serious and committed to their sports. Campers will spend time developing the skills necessary to become successful within their sport. Local coaches, high school, and college athletes will help to grow camper's passion and love for sport through player development, skill building activities, strategy, team play, and a focus on fun!*

### BASEBALL/SOFTBALL CAMPS

#### Jr. Diamond Baseball Camp (Ages 6–9)

Get introduced to America's past time with this beginner level baseball camp! Join our coaches as we explore the many fun ways to learn about this great sport. This camp will focus on beginner level skill progression, and each afternoon will conclude with fun game play incorporating the day's skills.

#### Diamond Baseball Camp (Ages 9–12)

Develop your fundamentals, and build your skills on a 60-foot diamond. Geared towards the more serious baseball players, campers will have a ball as they work on proper fielding techniques, the basics, and more advanced approaches to hitting, base running, strategy, team play and more. Skills, drills, games, and friendly competition make this summer camp a home run! *This camp will be held off-site.*

#### Fast Pitch Softball Camp (Ages 9–12)

A diamond is a girl's best friend! Get on the field with us as we work on fielding fundamentals, hitting techniques, baserunning, pitching, and catching. Campers will work with coaches to become more confident, and comfortable on the field in both practice and game settings. *This camp will be held off-site.*

#### Upper Diamond Baseball Clinic (Ages 13–15)

For the serious baseball players out there. Work and develop the skills necessary to become an impact player at the next level. This camp will take place on a 90-foot diamond and campers will learn about the strategies behind baserunning, defense, positioning, and hitting. *This camp will be held off-site.*

### BASKETBALL CAMPS

#### Celtics Camps Presented By New Balance (Ages 9–14)

Celtics Camps presented by New Balance offer opportunities for co-ed players at all levels to develop their skills both on and off the basketball court. We are excited to be at the Westwood Park YMCA June 21 – 25!

#### Shooting Stars Basketball Camp (Ages 6–14)

Take your shot with this fun basketball camp. Campers will have the opportunity to learn about all aspects of the game including dribbling, passing, shooting, defense, in game strategy, and of course teamwork. Here is your chance to have a lot of fun, while making big improvements to your game. Get on the court, and make the play with Shooting Stars Basketball Camp.



## SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258  
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

### Summer Camps

All Ball Sports  
Camp Grades 1–8

Specialty Camps  
Ages 5–15



# SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258  
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## Summer Camps

All Ball Sports  
Camp Grades 1-8

Specialty Camps  
Ages 5-15

# FUN ALL SUMMER LONG June 14 – September 3

## SPORTS SPECIALTY FOCUS CAMPS:

*Specialty camps are designed for those campers who are serious and committed to their sports. Campers will spend time developing the skills necessary to become successful within their sport. Local coaches, high school, and college athletes will help to grow camper's passion and love for sport through player development, skill building activities, strategy, team play, and a focus on fun!*

### DAILY SPORTS CAMP SCHEDULE

7-9am	PRE CAMP (Child must be registered for this.)
9:00 am	Huddle Up
9:30 am	Play On
10:15 am	Hydrate!
10:30 am	Core Sport Skills
11:15 am	Core Sport Game
12:00 pm	Refuel – Lunch
1:00 pm	Fielder's Choice
1:45 pm	Hydrate!
2:00 pm	Sports Period 1
3:00 pm	Sports Period 2
3:45 pm	Huddle Up
4-4:15pm	Dismissal
4-6pm	POST CAMP (Child must be registered for this.)

## FOOTBALL CAMPS

### Touchdown Flag Football Camp (Ages 7-13)

Dominate the gridiron as campers build on skills to become better quarterbacks, receivers, running backs, and defenders. Skill specific drills, positional play, and friendly competition, will take campers to the next level every time they step on the field.



## LACROSSE CAMPS

### Lax Attack Boys Lacrosse Camp (Ages 9-14)

Step on the field with confidence this season as campers develop and fine tune their skills on ground ball pickups, shooting, passing, agility, and teamwork. Learn all about this fun, and fast-paced game while developing a skillset destined for success.

### Power Lax Girls Lacrosse Camp (Ages 9-14)

Improve your lacrosse game with this lacrosse camp as you work on ground balls, cradling, passing, catching and shooting. The end of each session will wrap up with a scrimmage focusing on the concepts of offense and defense.

## RUNNING/FITNESS CAMPS

### XC Run and Dunk Camp (Ages 9-12)

Work on your cardio endurance with this cross country running camp. Utilizing the beautiful trails of Mines Falls Park, campers will work on timed runs, distance runs, sprints, core exercises, and much more. Camp days will conclude with a refreshing dunk in the Nashua YMCA swimming pool.

### Muscle Up Fitness Camps (Ages 13-17)

Work with a YMCA Personal Trainer to build strength, endurance and flexibility to help you on the court or the field and reduce the likelihood of injury. Camp will consist of two days of speed and agility training, along with two days of strength and conditioning. Limit 10 campers per session.

## SOCCER CAMPS

### Soccer/Futsal Camp with In The Net Sports Academy (Ages 5-14)

Presented in partnership with In The Net Sports Academy, individual foot skills, shooting, passing and defending will be the main focus with small sided games and scrimmages incorporated daily to work on the newly learned skills. Campers will also develop skills to better their positional play, and find strategies to handle the speed of play. Campers are guaranteed to walk away having fun and feeling better with the ball at their feet.



# SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258  
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

## Summer Camps

All Ball Sports  
Camp Grades 1-8

Specialty Camps  
Ages 5-15

## TENNIS CAMPS

### Ace Tennis Camp (Ages 6-17)

Get in the swing of things as campers work with our tennis professional on their forehand, backhand, serves, and volleys. This camp is perfect for all levels, and will focus on the basic fundamentals, while also fine tuning your skills. Campers will be split into groups based off their age, ability, and prior playing experience. Limit 16 campers per session. *This camp takes place at the Merrimack YMCA location.*

## VOLLEYBALL CAMPS

### Beginners: Point Setter Volleyball Camp (Ages 8-13)

### Beginners/Intermediate: Volleyball Camp with Dig Deep (Ages 11-13)

Bump, pass, set, and pike your way to a great summer workout! Campers will notice the improvement as they work on their fundamentals, and develop proper technique to serve, pass, block, and hit.

## Celtics Camps Presented by New Balance (Ages 9-14)

Celtics Camps focus on the fundamentals and centered around a mentality of teaching the whole camper, focusing on morality and character rather than the sheer goal of winning. One of the Celtics Camps trademarks is the "Thought of the Day" in which we praise the virtues of good character and integrity, often focusing on self-discipline, perseverance and personal responsibility. Celtics Camps develop players at all levels- elementary, middle school and high school. Our professional staff of educators/coaches and Celtic legends will provide a structured learning experience which will further improve the individual players skills. Players will be exposed to a combination of high-level game situation drills that will further improve their physical and mental game.

JUNE 21-25

YMCA Member \$350 | Community Member: \$450  
Register at [www.celtics.com/camps](http://www.celtics.com/camps)



# SPECIALTY CAMPS SCHEDULE

Weeks noted with a ☐ are the weeks available for that camp. YM = YMCA Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM - 4 PM. Grade determination based on the grade the camper is entering in Fall 2021. ^Weeks 1, 11 and 12 (Camp Sargent Only) are single day weeks.

## Camp Sargent on Lake Naticook *(Camp descriptions on pages 10-12)*

Camp Name	Grade	Price	Wk 1^ 6/14-6/18	Wk 2 6/21-6/25	Wk 3 6/28-7/2	Wk 4 7/5-7/9	Wk 5 7/12-7/16	Wk 6 7/19-7/23	Wk 7 7/26-7/30	Wk 8 8/2-8/6	Wk 9 8/9-8/13	Wk 10 8/16-8/20	Wk 11^ 8/23-8/27	Wk 12^ 8/30-9/3
Summer Fun Camp	K	YM-\$220 CM-\$300	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Summer Fun Camp	1-8	YM-\$210 CM-\$275	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Camp Name	Grade	Price	Entering Grades K-4											
Digging for Dinos Camp	K	YM-\$235 CM-\$300				<input type="checkbox"/>			<input type="checkbox"/>					
Fancy Fairy Camp	K				<input type="checkbox"/>									
Superhero Training Camp	K			<input type="checkbox"/>				<input type="checkbox"/>						
<b>NEW</b> Wild Wild West Camp	K						<input type="checkbox"/>							
Digging for Dinos Camp	1-2										<input type="checkbox"/>			
Fancy Fairy Camp	1-2									<input type="checkbox"/>				
Farm Camp	1-2							<input type="checkbox"/>				<input type="checkbox"/>		
Forts, Bridges and Skyscrapers Camp	1-2			<input type="checkbox"/>										
<b>NEW</b> Passport to Fun Camp	1-2						<input type="checkbox"/>							
<b>NEW</b> Silly Science Camp	1-2				<input type="checkbox"/>									
Superhero Training Camp	1-2								<input type="checkbox"/>					
<b>NEW</b> Wild Wild West Camp	1-2					<input type="checkbox"/>								
Farm Camp	3-4			<input type="checkbox"/>		<input type="checkbox"/>								
Forts, Bridges and Skyscrapers Camp	3-4									<input type="checkbox"/>				
Harry Potter Camp	3-4				<input type="checkbox"/>						<input type="checkbox"/>			
<b>NEW</b> Passport to Fun Camp	3-4											<input type="checkbox"/>		
<b>NEW</b> Silly Science Camp	3-4								<input type="checkbox"/>					
<b>NEW</b> Wild Wild West Camp	3-4							<input type="checkbox"/>						
<b>NEW</b> Camp Sargent Players (2 Week Session)	3-4	YM-\$470 CM-\$600					<input type="checkbox"/>							
Camp Name	Grade	Price	Entering Grades 5-6											
Archery Camp	5-6	YM-\$235 CM-\$300					<input type="checkbox"/>					<input type="checkbox"/>		
Farm Camp	5-6								<input type="checkbox"/>					



## Camp Sargent on Lake Naticook (Camp descriptions on pages 10-12)

Camp Name	Grade	Price	Wk 1^ 6/14-6/18	Wk 2 6/21-6/25	Wk 3 6/28-7/2	Wk 4 7/5-7/9	Wk 5 7/12-7/16	Wk 6 7/19-7/23	Wk 7 7/26-7/30	Wk 8 8/2-8/6	Wk 9 8/9-8/13	Wk 10 8/16-8/20	Wk 11^ 8/23-8/27	Wk 12^ 8/30-9/3
<b>NEW</b> Fitness in the Forest Camp	5-6	YM-\$235 CM-\$300										<input type="checkbox"/>		
Harry Potter Camp	5-6			<input type="checkbox"/>										
<b>NEW</b> Myth Busters Camp	5-6						<input type="checkbox"/>							
<b>NEW</b> Passport to Fun Camp	5-6							<input type="checkbox"/>						
<b>NEW</b> Camp Sargent Players (2 Week Session)	5-6	YM-\$470 CM-\$600								<input type="checkbox"/>				
Survivor Camp (2 Week Session)	5-6	YM-\$470 CM-\$600			<input type="checkbox"/>									
Camp Name	Grade	Price	Entering Grades 6-9											
Archery Camp	6-9	YM-\$235 CM-\$300		<input type="checkbox"/>						<input type="checkbox"/>				
Farm Camp	6-9				<input type="checkbox"/>									
<b>NEW</b> Fitness in the Forest Camp	6-9							<input type="checkbox"/>						
<b>NEW</b> Greater, Further Stronger Camp	6-9						<input type="checkbox"/>							
<b>NEW</b> Myth Busters Camp	6-9					<input type="checkbox"/>								
<b>NEW</b> The Pitch Camp	6-9								<input type="checkbox"/>					
Survivor Camp (2 Week Session)	6-9	YM-\$470 CM-\$600									<input type="checkbox"/>			
Camp Name	Grade	Price	Entering Grades 7-12											
<b>NEW</b> Make Kind Loud Camp	7-12	YM-\$235 CM-\$300										<input type="checkbox"/>		
Leaders in Training (2 Week Session)	9-12	YM-\$300 CM-\$400		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>				

## Camp Create at the Merrimack YMCA (Camp descriptions on pages 14-15)

Camp Name	Grade	Price	Wk 1^ 6/14-6/18	Wk 2 6/21-6/25	Wk 3 6/28-7/2	Wk 4 7/5-7/9	Wk 5 7/12-7/16	Wk 6 7/19-7/23	Wk 7 7/26-7/30	Wk 8 8/2-8/6	Wk 9 8/9-8/13	Wk 10 8/16-8/20	Wk 11^ 8/23-8/27
Arts of All Sorts Camp	1-6	YM-\$210 CM-\$275	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Camp Name	Grade	Price	Entering Grades 1-2										
Acting and Improv Camp	1-2	YM-\$235 CM-\$300										<input type="checkbox"/>	
Beyond Brushes Camp	1-2							<input type="checkbox"/>					
Brixology Camp	1-2			<input type="checkbox"/>									
Creative Cooks Camp	1-2					<input type="checkbox"/>							

# SPECIALTY CAMPS SCHEDULE

Weeks noted with a ☐ are the weeks available for that camp. YM = YMCA Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM - 4 PM. Grade determination based on the grade the camper is entering in Fall 2021. ^Weeks 1 and 11 are single day weeks.

## Camp Create at the Merrimack YMCA *(Camp descriptions on pages 14-15)*

Camp Name	Grade	Price	Wk 1^ 6/14-6/18	Wk 2 6/21-6/25	Wk 3 6/28-7/2	Wk 4 7/5-7/9	Wk 5 7/12-7/16	Wk 6 7/19-7/23	Wk 7 7/26-7/30	Wk 8 8/2-8/6	Wk 9 8/9-8/13	Wk 10 8/16-8/20	Wk 11^ 8/23-8/27
Dance Mania Camp	1-2	YM-\$235 CM-\$300								<input type="checkbox"/>			
Flip and Float Camp	1-2				<input type="checkbox"/>								
Greatest Show On Earth Camp	1-2										<input type="checkbox"/>		
Music Makers Camp	1-2							<input type="checkbox"/>					
Skips and Scribbles Camp	1-2						<input type="checkbox"/>						
Camp Name	Grade	Price	Entering Grades 3-4										
Acting and Improv Camp	3-4	YM-\$235 CM-\$300									<input type="checkbox"/>		
Beyond Brushes Camp	3-4							<input type="checkbox"/>					
Brixology Camp	3-4								<input type="checkbox"/>				
Creative Cooks Camp	3-4				<input type="checkbox"/>								
Dance Mania Camp	3-4											<input type="checkbox"/>	
Flip and Float Camp	3-4					<input type="checkbox"/>							
Game Creators Camp	3-4									<input type="checkbox"/>			
Greatest Show On Earth Camp	3-4			<input type="checkbox"/>									
Music Makers Camp	3-4						<input type="checkbox"/>						
Camp Name	Grade	Price	Entering Grades 5-6										
Acting and Improv Camp	5-6	YM-\$235 CM-\$300							<input type="checkbox"/>				
Brixology Camp	5-6											<input type="checkbox"/>	
Cartoon Creations Camp	5-6			<input type="checkbox"/>									
Cheer Camp	5-6						<input type="checkbox"/>						
Creative Cooks Camp	5-6							<input type="checkbox"/>					
Dance and Dive Camp	5-6				<input type="checkbox"/>								
Game Creators Camp	5-6										<input type="checkbox"/>		
Master Monets Camp	5-6									<input type="checkbox"/>			
Music Makers Camp	5-6					<input type="checkbox"/>							



# SPECIALTY CAMPS SCHEDULE

Weeks noted with a ☐ are the weeks available for that camp. YM = YMCA Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM - 4 PM. Grade determination based on the grade the camper is entering in Fall 2021. Sports camp is using ages for specialty camps to align with youth sports guidelines. ^Weeks 1 and 11 are single day weeks.

## Sports Camps at the Westwood Park YMCA *(Camp descriptions on pages 18-19)*

Camp Name	Grade	Days/Time	Price	Wk 1^ 6/14-6/18	Wk 2 6/21-6/25	Wk 3 6/28-7/2	Wk 4 7/5-7/9	Wk 5 7/12-7/16	Wk 6 7/19-7/23	Wk 7 7/26-7/30	Wk 8 8/2-8/6	Wk 9 8/9-8/13	Wk 10 8/16-8/20	Wk 11^ 8/23-8/27
All Ball Camp	1-6	Mon-Fri 9am-4pm	YM-\$210 CM-\$275	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Camp Name	Age		Price	Baseball/Softball Camps - *Pre/Post Camp Available Where Noted										
Jr. Diamond Baseball Camp*	6-9	Mon-Fri 9am-4pm	YM-\$235 CM-\$300									<input type="checkbox"/>		
Diamond Baseball Camp	9-12	Mon-Fri 9am-2pm					<input type="checkbox"/>							
Fast Pitch Softball Camp	9-12	Mon-Fri 9am-2pm						<input type="checkbox"/>						
Upper Diamond Baseball Camp	13-15	Mon-Fri 9am-2pm				<input type="checkbox"/>								
Camp Name	Age		Price	Basketball Camps - *Pre/Post Camp Available Where Noted										
Shooting Stars Basketball Camp*	6-14	Mon-Fri 9am-4pm	YM-\$235 CM-\$300					<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>			
Celtics Camps Presented by New Balance	9-14	Mon-Fri 8:30am-3pm	YM-\$350 CM-\$450		<input type="checkbox"/>	Registration for Celtics Camps open in March at <a href="http://www.celtics.com/camps">www.celtics.com/camps</a> YMCA Members: Email Tracy Beauregard at <a href="mailto:tbeauregard@nnymca.org">tbeauregard@nnymca.org</a> and we'll send you a discount code when registration opens.								
Camp Name	Age		Price	Football Camps - *Pre/Post Camp Available Where Noted										
Touchdown Flag Football Camp*	7-13	Mon-Fri 9am-4pm	YM-\$235 CM-\$300				<input type="checkbox"/>		<input type="checkbox"/>				<input type="checkbox"/>	
Camp Name	Age		Price	Lacrosse Camps										
Lax Attack Boys Lacrosse Camp	9-14	Mon-Fri 1pm-4pm	YM-\$195 CM-\$225							<input type="checkbox"/>				
Power Lax Girls Lacrosse Camp	9-14	Mon-Fri 9am-2pm	YM-\$235 CM-\$300								<input type="checkbox"/>			
Camp Name	Age		Price	Running/Fitness Camps										
XC Run and Dunk Camp	9-12	Tue-Thur 9am-12pm	YM-\$90 CM-\$125		<input type="checkbox"/>							<input type="checkbox"/>		
Muscle Up Fitness Camp	13-17	Mon-Thur 10am-12pm	YM-\$135 CM-\$165					<input type="checkbox"/>			<input type="checkbox"/>			
Camp Name	Age		Price	Soccer/Futsal Camps										
Soccer/Futsal Camp with In the Net Sports Academy	5-14	Mon-Thur 9am-12pm	YM-\$180 CM-\$220			<input type="checkbox"/>				<input type="checkbox"/>				
Camp Name	Age		Price	Tennis Camps - All Tennis Camps Take Place at the Merrimack YMCA										
Ace Tennis Camp	6-9	Mon-Thur 9am-12pm	YM-\$145 CM-\$170										<input type="checkbox"/>	
Ace Tennis Camp	9-12							<input type="checkbox"/>						
Ace Tennis Camp	13-17				<input type="checkbox"/>									
Camp Name	Age		Price	Volleyball Camps - *Pre/Post Camp Available Where Noted										
Point Setter Volleyball Camp* (Beginner)	8-13	Mon-Fri 9am-4pm	YM-\$235 CM-\$300						<input type="checkbox"/>					
Volleyball Camp with Dig Deep (Beg./Int.)	11-13	Mon-Fri 9am-2pm										<input type="checkbox"/>		

# ENJOY THE BENEFITS OF MEMBERSHIP ALL SUMMER LONG!

JOIN THE YMCA BETWEEN FEBRUARY 13-28 AND  
PAY NO JOIN FEES OR DUES UNTIL MARCH 1ST\*  
SAVE UP TO \$512 ON 12 WEEKS OF CAMP\*\*



**USE CODE "CAMP2021"**  
**TO RECEIVE PROMOTION**  
(OFFER VALID BETWEEN FEB. 13-28)

\*must retain membership for entire camp season to receive total pricing benefit  
\*\*savings may vary based on membership type



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA OF GREATER NASHUA

### Camp Sargent

141 Camp Sargent Road  
Merrimack, NH 03054  
P: 603.880.4845  
[www.campsargent.org](http://www.campsargent.org)

### Merrimack YMCA

6 Henry Clay Drive  
Merrimack, NH 03054  
P: 603.881.7778  
[www.nmymca.org](http://www.nmymca.org)

### Nashua YMCA

24 Stadium Drive  
Nashua, NH 03062  
P: 603.882.2011  
[www.nmymca.org](http://www.nmymca.org)

### Westwood Park YMCA

90 Northwest Boulevard  
Nashua, NH 03063  
P: 603.402.2258  
[www.nmymca.org](http://www.nmymca.org)