



# YOUR SUMMER ADVENTURE AWAITS

## 2017 Summer Day Camp

YMCA OF GREATER NASHUA

# INFORMATION FOR PARENTS

## REGISTRATION

A \$25 non-refundable deposit (per week per camper) is due at registration. Two payment options. Either pay in full at the time of registration or only pay the \$25 non-refundable deposit (per week per camper) at the time of registration and have the balance for each week auto drafted (via a checking account or credit card) the Saturday before each camp week. Please note, only these two payment options are available. Camp registration will close at 6:00pm on Friday for the following camp week. No exceptions to this rule will be made. This is to ensure no group has too many campers per counselor and for the safety of your child. For more registration information please refer to the registration procedure/transfers & refunds section of the summer day camp policies agreement.

## SIBLING DISCOUNT

For siblings within the same household signing up for the same camp sessions in the same camp location (by session dates/weeks) at Camp Sargent, Camp Nashua OR Camp Merrimack. These discounts cannot be used in conjunction with any other discount or promotion. Cannot be transferred.

1st Sibling - Full Price , 2nd Sibling -\$10 off, 3rd Sibling - \$15 off

## CAMP WEEKS

WEEK 1*	June 19-23 (Single Days Available)
WEEK 2	June 26-30
WEEK 3**	July 3-July7
WEEK 4	July 10-14
WEEK 5	July 17-21
WEEK 6	July 24-28
WEEK 7	July 31-August 4
WEEK 8	August 7-11
WEEK 9	August 14-18
WEEK 10	August 21-25
WEEK 11*	August 28-Sept. 1 (Single Days Available)

\* **Weeks 1 and 11 (single-day weeks):** Parents can register for single days these weeks or the full week.

\*\* **No Camp on Tuesday, July 4th:** All tuition has been prorated for this week.

Communication between home and camp is an important aspect of our program. We encourage communication through newsletters, email and Facebook.

Healthy afternoon snacks are provided at our Merrimack Camps.

## NEED PRE/POST CAMP?

**Q:** What is it?

**A:** It's supervised care for your child before and after camp hours, 7am-9am & 4pm-6pm.

**Q:** Where is it?

**A:** At Camp Sargent. Primarily at front field, basketball court and covered pavilions. At The Nashua & Merrimack YMCA it is primarily in the gym and field

**Q:** How much does this cost?

**A:** \$55 per child per week. (This includes pre AND post care)

**Q:** What if my child is doing Pre/Post camp at the Nashua Y but taking the bus to Camp Sargent or Camp Merrimack. Do I still have to pay the \$55/week bus fee in addition to the \$55/week Pre/Post fee?

**A:** Yes. The two fees cover two separate staff costs and a large percentage of the bus fee goes to cover the cost of renting the bus (i.e.: fuel costs, driver, tolls etc.).

**Q:** Do you offer busing FROM Camp Sargent or Camp Merrimack TO the Nashua Y/Camp Nashua?

**A:** Unfortunately we do not.

**Q:** What if my child just needs one but not the other, can I pay half?

**A:** Sorry, due to staffing it is one fee for Pre AND Post camp.

## HEALTH/MEDICAL INFORMATION

NH state law requires all campers to have a completed health form on file with the YMCA PRIOR to attending camp. This form requires all immunization dates and a physical exam within 2 years prior to attending camp for children ages 6 and over and must be signed by the attending physician. Campers under age 6 must have yearly exams. Such forms are given by the doctor's office, not the YMCA. Forms must be dated after Sept. 1, 2015 for children 6 years and up and dates Sept. 1, 2016 for children 5 years and younger. Forms are due to your child's camp administrator by your tuition balance due date (the Friday prior to the camp week). **Registration is not complete without these forms being on file for EACH camper AND balance paid.**

## WHAT TO PACK

- Closed toe shoes
- Extra pair of socks
- Swim suit
- Towel
- Lunch
- Two healthy snacks
- Water bottle
- Sunscreen
- Bug repellent
- An "I'm ready to have fun" attitude!

## CAMP PAPERWORK AND WAIVERS

We use CampDoc.com for online management of required paperwork/waivers for ALL campers. Shortly after registering for camp you will receive a 'Welcome Email' from CampDoc.com. Please follow the link in this email to access your online account. You will be prompted to set a password to protect your account.

## NEED BUS TRANSPORTATION TO/FROM CAMP?

\$55 per person per week (Limited space)

### AM

Stop #1	8:15 AM	Nashua YMCA
Stop #2	8:27 AM	Merrimack YMCA
Stop #3	8:37 AM	Camp Sargent

### PM

Stop #1	4:00 PM	Camp Sargent
Stop #2	4:10 PM	Merrimack YMCA
Stop #3	4:22 PM	Nashua YMCA

The last stop in the morning is Camp Sargent and the bus will leave from Camp Sargent at 4 p.m. in the afternoon. (All times are approximate based on traffic and weather.)



Like Us on Facebook  
for Events, Videos  
and Pictures!

# CAMP SARGENT on Lake Naticook

141 Camp Sargent Road, Merrimack, NH | [www.campsargent.org](http://www.campsargent.org)



## ABOUT CAMP SARGENT

Located on beautiful Lake Naticook in Merrimack, NH just minutes from the Merrimack and Nashua Y, Camp Sargent sits on 22 acres. Since 1924, Camp Sargent has offered the Greater Nashua community a quality day camping program. Staff always stress safety, teamwork and work towards each camper building self confidence and making friends.

At the heart of Camp Sargent is a joy of learning and exploration while having fun and being surrounded by caring role models. Many activities integrate Science, Social Studies, Math and Physical Activity. Though many of the "specialty Camps" are designed after the STEM (Science Technology Engineering and Math) core model of learning, we are intentional in that the overall day look and feels like camp, and not a classroom.



## LICENSING & ACCREDITATION

Camp Sargent is accredited by the American Camp Association (ACA).

"ACA Accreditation is a process during which a camp undergoes a thorough review of its operation—from staff qualifications and training to emergency management—to ensure compliance with more than 300 standards. ACA is the only nationally accrediting body for all types of camps. ACA standards are recognized by courts of law and government regulators as the standards for best practices in camp."—American Camp Association.

In addition to being ACA accredited, Camp Sargent is licensed by the New Hampshire Department of Environmental Services (DES).



## OUR STAFF

Our staff is CPR & First Aid certified and complete a week long orientation which covers various adolescent behavioral issues, small group activities, rainy day activities as well as goals and objectives for camper development.

All staff are hired based on prior experience working with school-age children and proven ability to lead a group in a safe and fun environment. Do you have questions about how Camp Sargent can meet the needs of your child? Contact Camp Director, Randy Menken at 603-689-2433 or [rmenken@nmymca.org](mailto:rmenken@nmymca.org).

## THE CAMP SARGENT IMPROVEMENT FUND

A Camp Sargent specific fund created to generate funds for investing in camp and programmatic enhancements that directly benefit the camp experience.



# CAMP SARGENT

## on Lake Naticook

Randy Menken - Director

[rmenken@nmymca.org](mailto:rmenken@nmymca.org)

603.881.7778 (winter)

603.880.4845 (summer)

Camping, like many Y programs, is about learning skills, developing character and making friends. But few environments are as special as camp, where kids become a community as they learn both how to be more independent and how to contribute to a group as they engage in physical, social and educational activities. Camping teaches self-reliance, a love for nature and the outdoors and the development of attitudes and practices that build character and leadership—all amidst the fun of canoeing, archery, talent shows and meaningful relationships. Y counselors are dedicated to making sure camp is an amazing experience for every camper.

## ALL SUMMER LONG! June 19–September 1

### Summer Fun (Grades 1–6)

Y Family Member	\$175/wk
Y Youth Member:	\$262/wk
Community:	\$350/wk

### Lil' Voyagers (ages 5–K)

Y Family Member	\$185/wk
Community:	\$370/wk

### Weeks 1 and 11 (single-day weeks)

Due to varying school schedules these weeks will consist of five single days rather than having to register for the entire week.

### Summer FUN (Grades 1–6)

Everything you can think of when it comes to traditional camp activities happen in this camp, ALL SUMMER LONG!

### Lil' Voyagers (Ages 5–K)

For their first time experiencing camp, children will participate in most activities their older counterparts do. All activities are age appropriate and modified for the campers. Campers time will be spent in an environment centered around discovery and creativity. Hands-on learning experiences will encourage campers to be independent as well as develop self-esteem, ALL SUMMER LONG! Ask about our ½ day option and pricing.

**Due to limited staffing in week 11, there will be very limited space available. Register early to save your spot.**

“My 6 yr old son had a very difficult school year and lost all confidence and sense of belonging. Camp Sargent helped him achieve goals in new activities that he would not have been able to experience otherwise. He began to believe in himself, show a positive attitude outside the home, create friendships and often showed pride in being a part of the camp. The experience was priceless.”

# CAMP INFO

## Examples of Period Activities

Free swim, boating, archery, nature, arts & crafts, drama, Yoga, Ga-Ga, Native American studies, playground, board games, fishing, hiking, science experiments, songs, fort building, parachute games, scavenger hunts, sports games, tetherball, "challenge by choice" ropes course and log rolling in the lake.

### Sample daily schedule:

PRE-CAMP	7:00-9:00am
OPENING CEREMONIES	9:05-9:10am
1st Period	9:15-10:00am
2nd period	10:15-11:00am
3rd period	11:15-12:00pm
-----LUNCH-----	
4th period	1:15-2:00pm
5th period* (Gr. 1-4 U-PICK*)	2:15-3:00pm
6th period* (Gr. 5-9 U-PICK*)	3:15-4:00pm
POST CAMP	4:00-6:00pm

\* U-PICK is designed to allow campers to make personal choices based on their hobby, curiosity or general interest. A diverse choice of activities are always offered. All activities are supervised.

**Please Note:** "Free" swim is held mornings and afternoons for campers who choose to swim. Due to the high volume of campers and the limited amount of space for certain activities, not all children will have the opportunity to participate in each activity on a daily basis.

## WEEKLY THEMES

Week 1	June 19-23	<b>Pajama Day</b>
Week 2	June 26-30	Superhero week
Week 3*	July 3-7	<b>Red White and Blue Day</b>
Week 4	July 10-14	Harry Potter week
Week 5	July 17-21	<b>Wild West Gold Rush</b>
Week 6	July 24-28	Leaders In Training Week
Week 7	July 31-Aug. 4	<b>Sargent's Got Talent</b>
Week 8	Aug. 7-11	Pirate Week
Week 9	Aug. 14-18	Color Wars
Week 10	Aug. 21-25	<b>Parent/Camper BBQ</b>

Week 11 Aug. 28-Sept. 1 Spirit Week:  
Minion Monday - Tye Dye Tuesday - Wacky Wednesday -  
Tropical Thursday - Fairytale Friday

- No weapons or inappropriate clothing please. (Theme days are subject to change.)
- **Bold dates** means the theme will be held on the Friday of that week, otherwise it's a full week theme.
- Week 3\* has been pro-rated due to no camp on Tuesday, July 4.

## SEVERE WEATHER

Campers are taken to areas with cover should there be heavy rain and or thunder or lightning. They stay under cover for ½ hour after any sign of thunder or lightning. Whether it's board games, skits, songs or anything else the group chooses, your children are always safe!

## Swim Lessons on Lake Naticook (Week 2 - 9)

Swim lessons are offered at the conclusion of the camp day, selected weeks for registered Camp Sargent campers (for those weeks). Campers will be taught the fundamentals of proper swim mechanics and aquatic safety. Our goal for your child is that they leave each class as a more confident swimmer! Limit 6 per class. Pre/Post camp registration also required for applicable weeks.

Ages 6-7	4:10-4:40pm
Ages 8-9	4:50-5:20pm
Ages 10-12	5:30-6:00pm

Fam Mbr \$35/wk | Yth Mbr \$60/wk | Comm Mbr \$70/wk

Beginner, intermediate and advanced classes will be offered in each time slot. Please see swim level descriptions below.

### Swim Level Descriptions

**Beginner level:** Intended for children who have never had a formal swim lesson and have minimal swim experience.

**Intermediate Level:** (Prerequisite Completion of Beginner level or Waterfront Director approval.) Intended for children who can swim independently without flotation for 10 yards and are comfortable submerging his or her face in the water.

**Advanced Level:** (Prerequisite: Completion of Intermediate level or Waterfront Director approval.) Intended for children who can swim 25 yards of proper front and back crawl.

## SAVE THE DATE CAMP SARGENT EVENTS

### Family FUN Nights

July 12 and August 16, 6-8pm

This is a wonderful chance to be a camper all over again while sharing this unique experience with your child! Do you want to come to the family night but your child takes the bus home or gets picked up after camp? Don't worry, for these two dates, post camp (4-6pm) is provided for free to parents that want to meet their child at camp for the family nights. **Join us for FREE food and fun! Pre-registration required.**

### Summertime Craft fair and Family Fun Day

Saturday, July 22, 9am-3pm

Join us for a Summertime Craft Fair and family fun day! We will have local craft vendors and FUN for the whole family! Lunch (provided by Texas Roadhouse), petting zoo, face painting and bounce houses are just a few of the activities! Admission is free. Lunch, concessions and activities cost a small fee. Proceeds to benefit the YMCA of Greater Nashua's Annual Campaign and our associations competitive dance Team, "In Motion".

### Open House

May 20 and June 17, 1-3pm

Senior staff as well as the director will be on hand for tours and to answer all your questions about your child's experience at Camp Sargent. If this doesn't fit your schedule just let us know and we'll happily accommodate you.



Harry Potter Camp, 2016

# SPECIALTY CAMPS

at Camp Sargent on Lake Naticook

## NEW for 2017 (Ages 5-7)

**Sargent Saturday Sampler (9:30-11:30 a.m.)**  
(Three Sat sessions: 6/24, 7/29, and 8/26)

June 24: We'll take a hike along our educationally hands on nature trail to learn amazing things about our environment. Wear comfortable footwear

July 29: We'll explore the farm. Campers will learn about where their food comes from, our farm animals and harvest the yummy vegetables in the garden. Wear old shoes/boots for the pasture.

August 26: Join our waterfront staff as we have fun in the lake while learning about water safety. Don't forget to pack your bathing suit and a towel.

**REGISTER NOW: Pricing on Page 16.**  
**Space is Limited!**

## Archery

One of the most popular activities at camp. Campers will learn proper techniques and safety. Limit 8 campers per session.

## Eco-Fit

Campers see just how much fun exercise can be, all within the natural setting of Camp Sargent! We climb and jump over logs and rocks, forest based challenge courses and other fun activities to teach kids about fitness in the outdoors, all while exploring and learning about nature, healthy eating and cooking with fresh produce from our vegetable garden! Like all of our camps, Eco-Fit Camp is open to children of all abilities

## Farm Camp

Combining hands-on farm education and sustainable living is what this camp is all about. Campers will interact with the animals each day performing chores, learning how to care for them and understand their importance on sustainable farms. During their time in this camp, each camper will learn about planting, weeding, composting, and harvesting in our vegetable garden.

## Forts, Bridges & Skyscrapers

We'll look at the natural and man-made world around us, while learning to work individually as well as part of a team. Creativity and problem solving are fostered inside this camp.

## Harry Potter Camp

Leave Privet Drive and the Muggle world behind as you transform into a student at Hogwarts' School of Witchcraft and Wizardry. Harry Potter Camp is a celebration of all things Hogwarts. Campers will be able to create and taste their very own Hogwarts' snacks, illustrate their own house crest, concoct potions, create spell books, play Quidditch and much, much more! If your inner wizard is dying to get out, then this camp is right up your Diagon Alley.

## Huck Finn Camp

Map making, scavenger hunts on Blueberry Island, orienteering and wildlife survival skills all take place in this camp. Journal keeping through stories and drawing are also an integral part of this camp!

## Science Sampler (2 week session)

Offering a glimpse into a handful of different phenomenon, both man-made, and not. Rocketry, volcanoes, crystal mining and pond life ecology are some of what's on the "sampler" menu! Campers in this STEM modeled camp will use technology in an outdoor setting to not only have fun but to learn and sharpen skills they covered in school.

## Survivor Camp (2 week session)

Through both physical and mental challenges, on and off Blueberry Island, campers will participate in activities that will push them to dig deep in themselves and trust in their peers to overcome obstacles, both physical and not. Campers will develop self confidence, independence and leadership in this camp. Like all of our camps, Survivor Camp is open to children of all abilities.

## Wildlife Forensics

Investigate evidence left behind from animals! Learn how to read tracks and markings, what munched up leaves and broken twigs can mean, and why animals dig burrows where they do. Discover the secrets of animal life on Camp Sargent!

**Please Note:** Due to the amount of time specialty camps take, your child may not be able to partake in all the daily camp programs. Field trips (on and off site), guest speakers and professional demonstrations are planned (for certain sessions).

**Schedule and prices can be found on last few pages.**

# SPECIALTY CAMPS

## Grades 1-3

Weeks noted with a  are the weeks available for that camp. FM= Family Membership, YM= Youth Membership, CM= Community Member or Non Y Member. Our camp days run from 9 a.m. – 4 p.m. See page 2 for pre/post camp. Grade determination based on the grade the camper is entering in Fall 2017.

### Camp Sargent on Lake Naticook

Camp Name	Grades	Price	Wk 1 6/19- 6/23	Wk 2 6/26- 6/30	Wk 3 7/3- 7/7	Wk 4 7/10- 7/14	Wk 5 7/17- 7/21	Wk 6 7/24- 7/28	Wk 7 7/31- 8/4	Wk 8 8/7- 8/11	Wk 9 8/14- 8/18	Wk 10 8/21- 8/25	Wk 11 8/28- 9/1
Eco-Fit	2-3	FM-\$206 YM-\$310 CM-\$412			<input type="checkbox"/>							<input type="checkbox"/>	
Farm Camp	1-2		<input type="checkbox"/>					<input type="checkbox"/>				<input type="checkbox"/>	
Farm Camp	3				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
Forts, Bridges and Skyscrapers	1-3			<input type="checkbox"/>		<input type="checkbox"/>				<input type="checkbox"/>			
Huck Finn Camp	2-3				<input type="checkbox"/>		<input type="checkbox"/>			<input type="checkbox"/>		<input type="checkbox"/>	
Sargent Saturday Sampler	Ages 5-7	FM-\$20 YM-\$20 CM-\$25	<input type="checkbox"/>	Only Available on Saturdays				<input type="checkbox"/>	Only Available on Saturdays			<input type="checkbox"/>	

## REGISTRATION

A \$25 non-refundable deposit (per week, per camper) is due at registration.

### Two payment options.

1. Pay the \$25 non-refundable deposit (per week per camper) at the time of registration
  - a. Pay any amount at any time up to the Saturday before camp.
  - b. Any remaining balance for each week auto drafted (via a checking account or credit card) the Friday before each camp week.
2. Pay in full at the time of registration.

### SIBLING DISCOUNT

For siblings within the same household signing up for the same camp sessions, in the same camp location (by session dates/weeks) at Camp Sargent, Camp Nashua OR Camp Merrimack. These discounts cannot be used in conjunction with any other discount or promotion.

- 1st Sibling - Full Price
- 2nd Sibling -\$10 off
- 3rd Sibling - \$15 off

### NEED PRE/POST CAMP?

Supervised care for your child before and after camp hours, 7am-9am & 4pm-6pm is available at a cost of \$55 per child per week. More information on Pre and Post Camp can be found on page 2.

# SPECIALTY CAMPS

## Grades 4-9

Weeks noted with a  are the weeks available for that camp. FM= Family Membership, YM= Youth Membership, CM= Community Member or Non Y Member. Our camp days run from 9 a.m. - 4 p.m. See page 2 for pre/post camp. Grade determination based on the grade the camper is entering in Fall 2017.

### Camp Sargent on Lake Naticook

Camp Name	Grades	Price	Wk 1 6/19- 6/23	Wk 2 6/26- 6/30	Wk 3 7/3- 7/7	Wk 4 7/10- 7/14	Wk 5 7/17- 7/21	Wk 6 7/24- 7/28	Wk 7 7/31- 8/4	Wk 8 8/7- 8/11	Wk 9 8/14- 8/18	Wk 10 8/21- 8/25	Wk 11 8/28- 9/1
Archery	4-6	FM-\$206 YM-\$310 CM-\$412			<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/>		<input type="checkbox"/>		
Archery	7-9			<input type="checkbox"/>								<input type="checkbox"/>	
Eco-Fit	4-5					<input type="checkbox"/>	<input type="checkbox"/>						
Eco-Fit	6-7									<input type="checkbox"/>			
Farm Camp	4			<input type="checkbox"/>						<input type="checkbox"/>			
Farm Camp	5									<input type="checkbox"/>	<input type="checkbox"/>		
Forts, Bridges and Skyscrapers	4-6								<input type="checkbox"/>				
Harry Potter Camp	4-6			<input type="checkbox"/>			<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Wildlife Forensics	4-5			<input type="checkbox"/>	<input type="checkbox"/>								
Wildlife Forensics	6-7								<input type="checkbox"/>	<input type="checkbox"/>			
Science Sampler (2 Week Session)	5-7	FM-\$412	<input type="checkbox"/>					<input type="checkbox"/>			<input type="checkbox"/>		
Survivor Camp (2 Week Session)	4-6	YM-\$618	<input type="checkbox"/>			<input type="checkbox"/>							
Survivor Camp (2 Week Session)	7-9	CM-\$824								<input type="checkbox"/>			

# CELEBRATE YOUR CHILD'S NEXT BIRTHDAY AT CAMP SARGENT!

Whether it is fun spent on the lake or a party of animals, your child's next birthday can be held at Camp Sargent, where fun and excitement abound around every turn.

## CHOOSE FROM:

**WATER FUN** - Splash in to fun on beautiful Lake Naticook using the log roll, stand up paddle boards, kayaks or canoes. Not a fan of the lake? Try our huge slip 'n' slide!

**DOWN ON THE FARM** - Party like an animal! Give this unique party a try. Children will learn about sheep, goats, rabbits, ducks and chickens. They may even be able to help feed the animals!

For questions or to book your party contact Melissa Gomeau at [mgomeau@nmymca.org](mailto:mgomeau@nmymca.org) or 603.881.7778 (Merrimack) or 603.882.2011 (Nashua).

More information regarding birthday parties may be also found at [www.nmymca.org](http://www.nmymca.org).



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA OF GREATER NASHUA

Camp Sargent  
141 Camp Sargent Road  
Merrimack, NH 03054  
P: 603.880.4845  
[www.campsargent.org](http://www.campsargent.org)

Merrimack YMCA  
6 Henry Clay Drive  
Merrimack, NH 03054  
P: 603.881.7778  
[www.nmymca.org](http://www.nmymca.org)

Nashua YMCA  
24 Stadium Drive  
Nashua, NH 03062  
P: 603.882.2011  
[www.nmymca.org](http://www.nmymca.org)

Camp Spaulding  
210 Bog Road  
Penacook, NH 03303  
P: 603.753.8990  
[www.ymcacampspaulding.org](http://www.ymcacampspaulding.org)